

# Currituck Sound Ecosystem Restoration Study

## SAV Partners' Spring 2011 Meeting

USACE – Wilmington  
Doug Piatkowski



US Army Corps of Engineers  
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Wilmington  
District

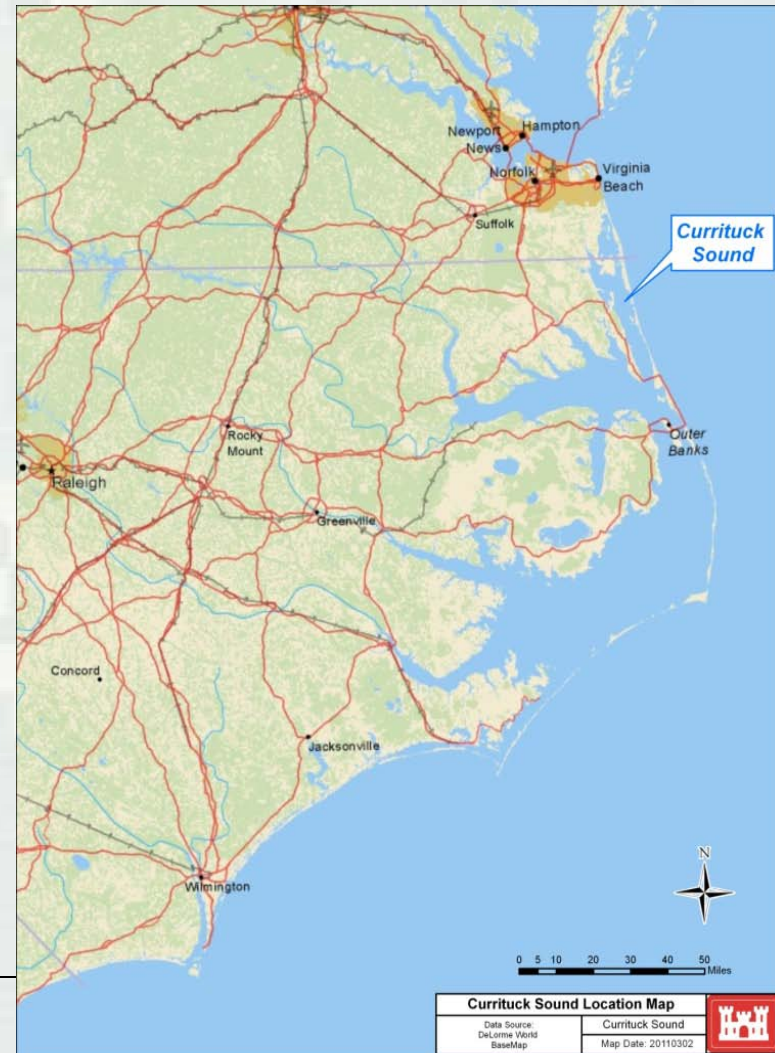
# Currituck Sound Ecosystem Restoration Study

- I. Study Background
- II. Historic Overview
  - Marsh and Shallow Water
  - Submerged Aquatic Vegetation
  - Shorebird Nesting
  - Wading Bird Nesting
- III. Systems Context
- IV. Existing Conditions
  - SAV/ Coastal Marsh and Shallow Water Complexes
  - Bird Nesting Islands
- V. Future without Project Conditions
  - SAV/ Coastal Marsh and Shallow Water Complexes
  - Bird Nesting Islands
- VI. Ecosystem Restoration Planning
  - Problems and Opportunities
  - Planning Objectives
  - Sighting of Restoration Opportunities
  - Restoration Measures
  - EBA Models
  - Additional Information
- VII. Questions



# Currituck Sound Ecosystem Restoration Study

*“Resolved by the Committee on Transportation and Infrastructure of the United States House of Representatives, that the Secretary of the Army is requested to review the report of the Division Engineer dated June 25, 1991, on Eastern North Carolina above Cape Lookout, North Carolina, and other pertinent reports, to determine whether modifications to the recommendations contained therein are advisable at the present time in the interest of **water quality, environmental restoration and protection, and related purposes in Currituck Sound.**”*



# Currituck Sound Ecosystem Restoration Study

State of North Carolina through the NC  
Environmental and Natural Resources -  
Division of Water Resources (NCDWR)

Non-Federal Sponsor



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# Currituck Sound Ecosystem Restoration Study

North Carolina Department of  
Environmental and Natural Resources -  
Division of Water Resources (NCDWR)  
(non-federal Sponsor)  
North Carolina Division of Marine Fisheries  
(NCDMF)  
North Carolina Division of Water Quality  
(NCDWQ)  
North Carolina Wildlife Resources  
Commission (NCWRC)  
North Carolina Division Coastal  
Management (NCDCM)  
North Carolina National Estuarine  
Research Reserve (NCNERR)  
North Carolina Coastal Federation (NCCF)  
Elizabeth City State University (ECSU)  
US Fish and Wildlife Service (USFWS)  
US Geological Survey (USGS)  
Currituck County

Pasquotank River Basin Regional Council  
Hampton Roads Planning District Commission  
The Nature Conservancy (TNC)  
Virginia Department of Environmental Quality  
Virginia Department of Conservation &  
Recreation  
National Audubon Society  
National Oceanic and Atmospheric  
Administration (NOAA)  
Local environmentalists and sportsmen  
Albemarle Pamlico National Estuary Program  
North Carolina Coastal Land Trust (NCCL)  
Back Bay National Wildlife Refuge (BBNWR)  
Mackay National Wildlife Refuge  
Cape May Plant Materials Center  
Virginia Department of Game and Inland  
Fisheries (VDGIF)  
US Department of Agriculture

Coordination



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# Background

## Currituck Sound Study Area



- NE segment of Albemarle-Pamlico Sound
- Includes Currituck Sound, NC and Back Bay, VA and their surrounding watersheds
- Separated from the Atlantic by Outer Banks
- Sound is approximately 36 miles long, 3-8 mi wide and 153 mi<sup>2</sup> (~98,000 acres)
- Located predominately in Currituck and Dare Counties, NC and Virginia Beach County, VA
- Currituck Sound joins Back Bay in Virginia Beach, Virginia to the North and joins Albemarle Sound on the South
- Connected to the Atlantic Ocean through Albemarle Sound and Oregon Inlet



# Background

2001 Scoping suggested that poor WQ was a driver of ecosystem degradation

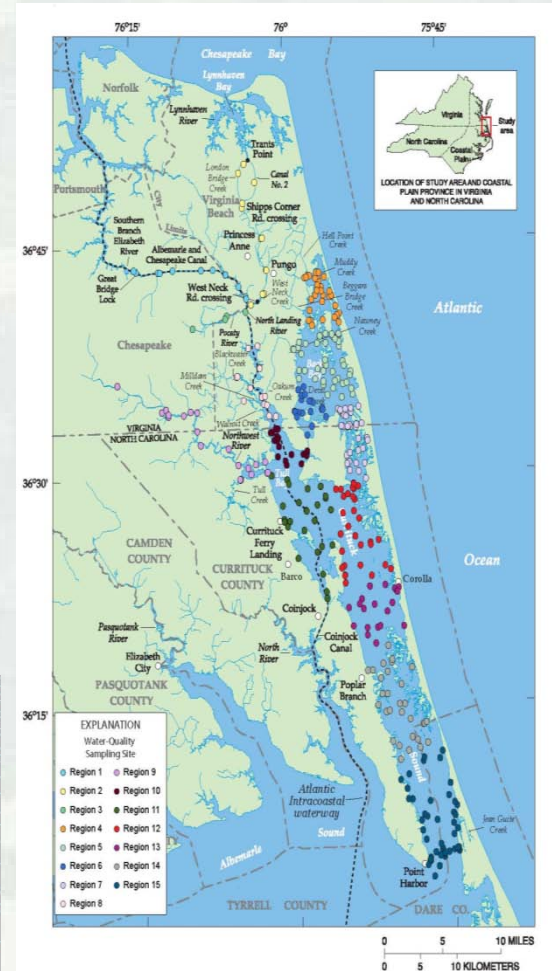
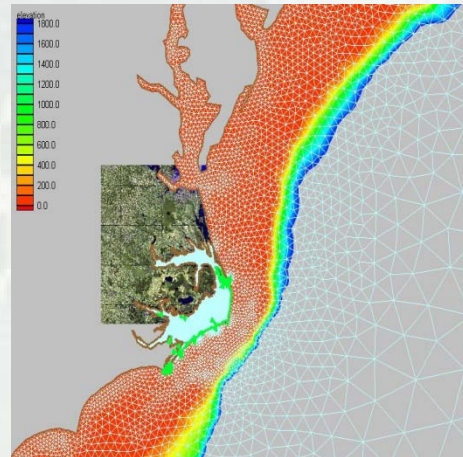
	HRPDC	Elizabeth City Citizen	NCDMF	NCDCM	NCDCR	USFWS	NCWRC	DWQ	USDC
Natural resource management	✓								
SAV		✓		✓		✓	✓		✓
Fisheries		✓				✓			✓
Migratory Waterfowl		✓				✓	✓		
Salinity		✓				✓			
Water Quality		✓		✓		✓	✓	✓	✓
Monitoring		✓							
Flow of freshwater		✓							
Tidal surges		✓							
Water level		✓		✓					
Anadromous fish			✓						✓
Nursery areas			✓						
Turbidity				✓			✓		
Ship losses/wreck sights					✓				
Protection of resource waters								✓	
Essential fish habitats									✓
Protection of wetlands									✓



# Background

- Collaborative multi-agency data collection initiative
- Developed a hydrologic/hydrodynamic and water quality monitoring and modeling group
- Data collection facilitated development of coupled hydrodynamic and water quality models of Currituck Sound and vicinity
  - ADCIRC, CH3D, CE-QUAL-ICM

## Data Collection





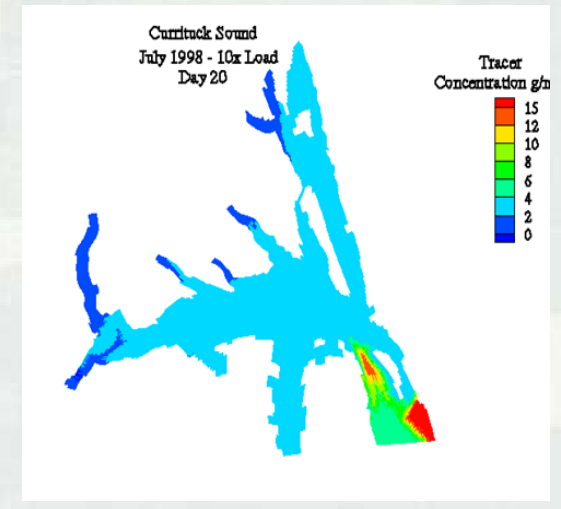
# Background

- **Wind driven Tide**

- Wind direction, speed, and duration, are key factors in the tidal influence of Currituck Sound
- Higher water levels result from a South wind and low water levels from North wind

- **Limited Flushing**

- Simulated tracer concentrations in Currituck Sound were not influenced by Oregon inlet
- Limited impact of the tributary inflows



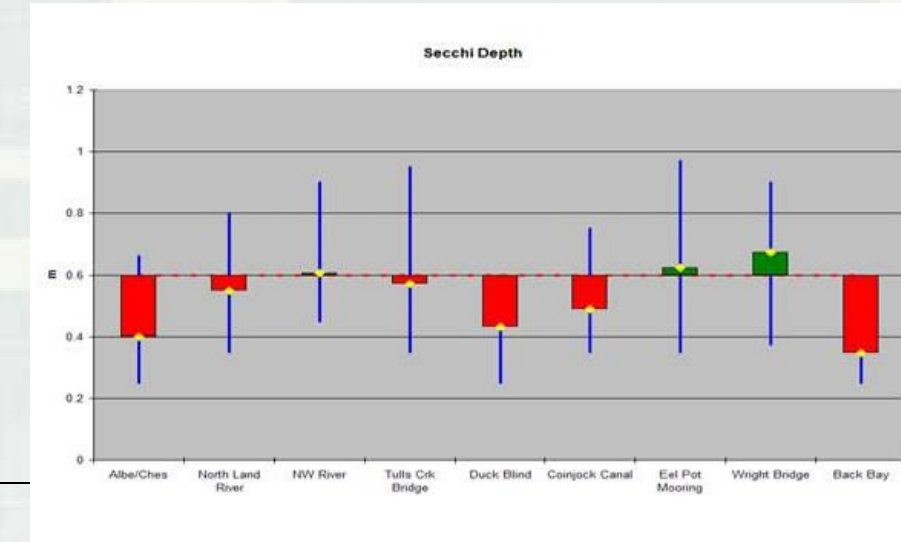
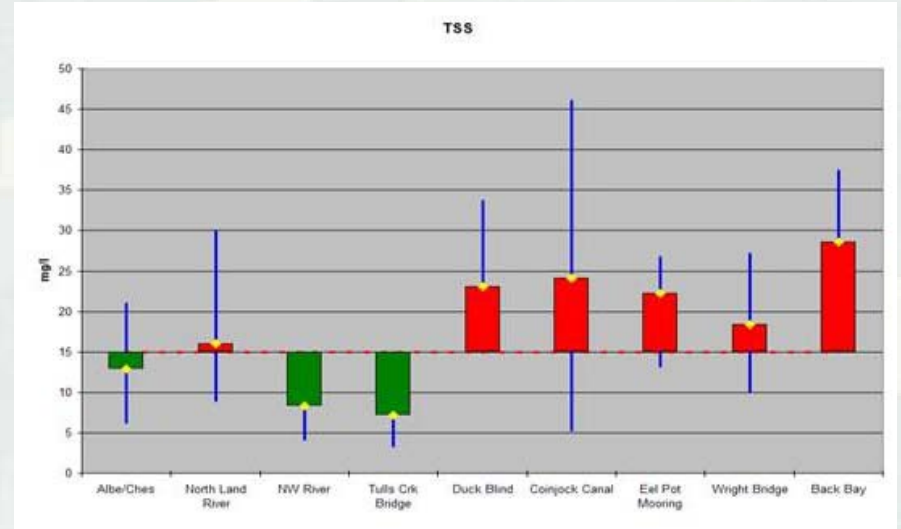
# Background

- Monitoring showed current nutrient loadings to the system are not as high as previously perceived and WQ is not as degraded as historically observed
  - Nitrogen and phosphorous values - within an acceptable range
  - Algal levels - normal
  - DO levels - low at times at certain locations but were not indicative of a major problem
  - light penetration - reduced by the presence of solids and algae in addition to color in the water column



# Background

- SS concentrations in the open water - higher than SS in the tributaries
- Source of the SS from within the Sound - result of sediment re-suspension caused by high energy wind-wave events
- Re-suspension associated with loss of SAV



# Background

- Coordinated with USACE Engineering Research and Development Center (ERDC)
- Describes the general functional relationships among essential components of ecosystem
- Helped identify significant ecological resources; conditions governing resources
- Documented drivers and stressors
- Helped tell the story of “how the system works”

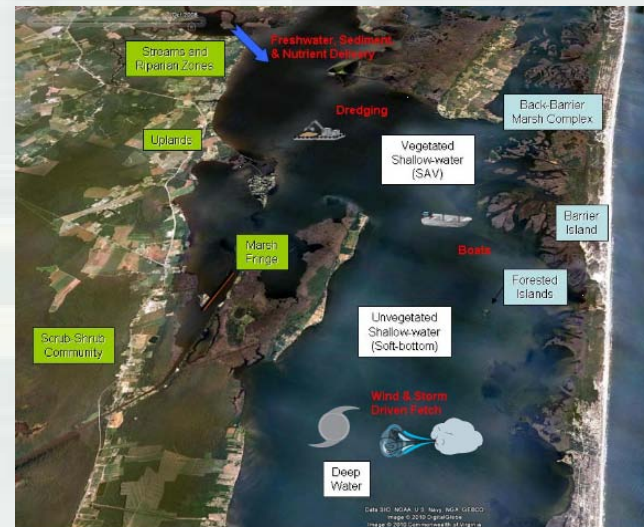
<b>Drivers</b>	
Fetch	
Land Use	Agricultural, Urban, Shore and Bank Protection
Boating	Canals, Entrainment, Propeller Damage
Dredging	Disposal Sites, Schedule
Hydrologic Connectivity	Inlets, Island Overwash, Inland Flooding, Movement Barriers

<b>Physio-Chemical Processes Affected</b>	
Direct Habitat Conversion	Hydrodynamics (Velocity, Depth, Wave Energy)
Suspended Sediment (Turbidity)	Nutrients (Nitrogen, Phosphorous)

<b>Principal State Variables</b>				
Salinity	Light	Substrate	Elevation	Invasive Plants

<b>Biological Processes</b>		
Reproduction	Survival	Colonization

<b>Significant Resources</b>	
Fisheries	Migratory, Estuarine Nursery, Estuarine Resident
Waterbirds	Tree-Nesting, Sand-Nesting
Waterfowl	Migratory, Resident
Other Animals	Crustaceans, Turtles, Mammals
Vegetation	Submerged Aquatic Vegetation, Back-Barrier Marsh, Marine Forest

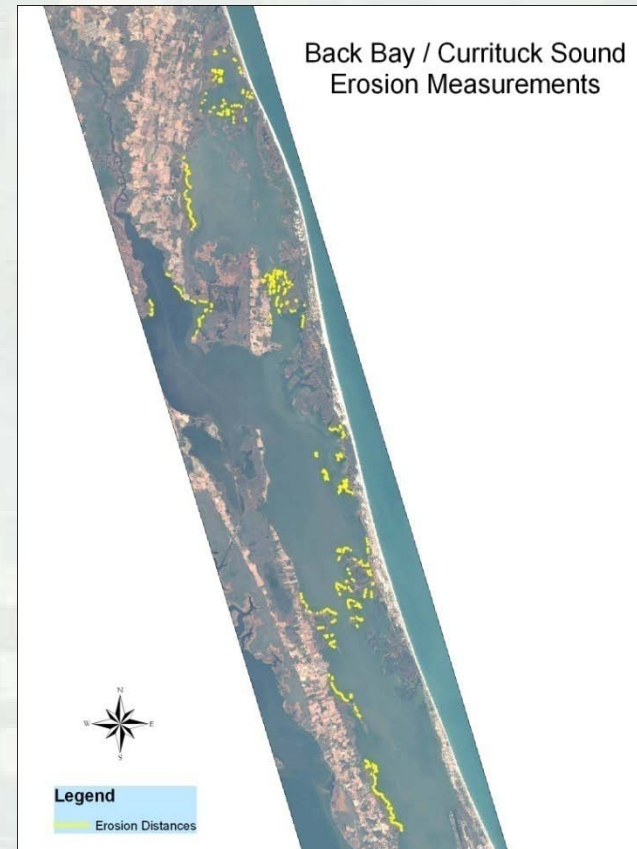


# Background

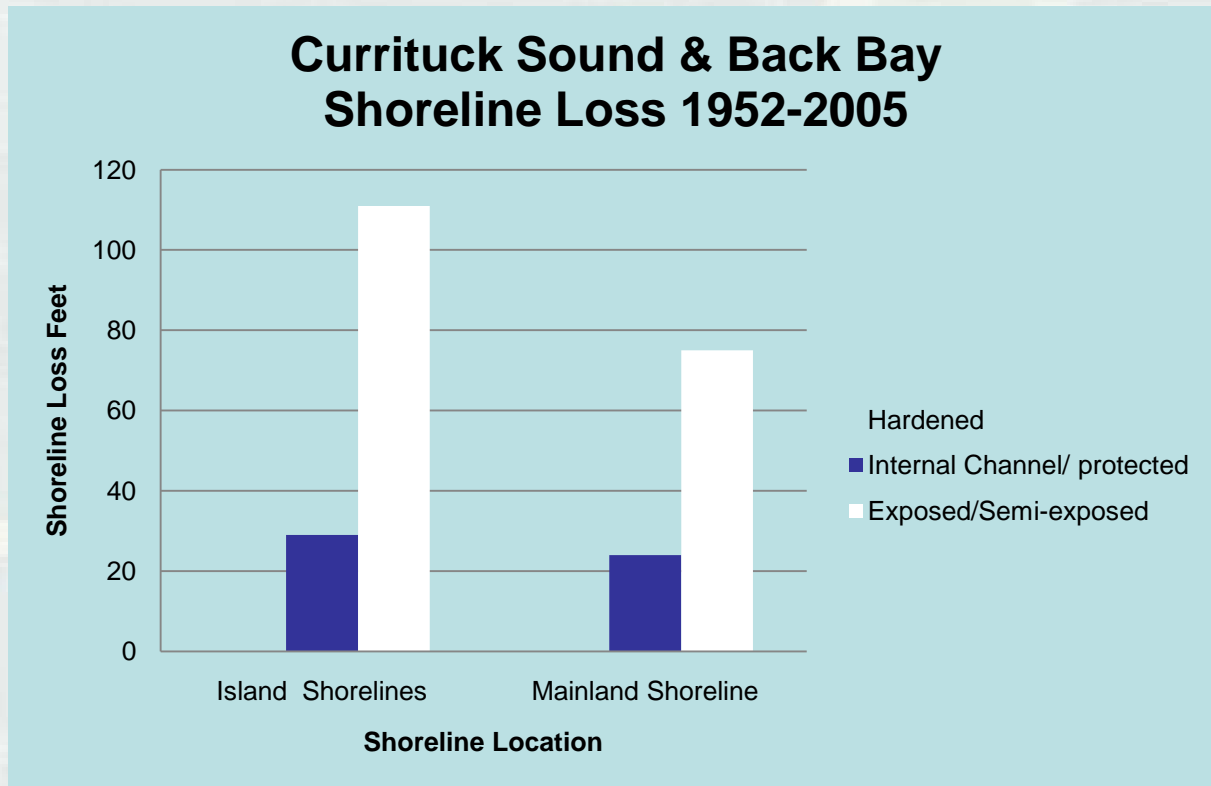
Using GIS - it was determined that erosion is a significant problem within the Sound

## Marsh Erosion

- 1952 imagery overlaid with 2005 imagery to measure the distance of eroding shoreline
- Analysis sites based on fetch, boat wakes, shoreline type, and exposure direction
- 905 erosion vectors created throughout the Sound



# Background



# Background

Public Meetings - September 28 & 29, 2010

- Present study findings
- Solicit feedback on problems

NOI for preparation and release of a Draft EIS published in the *Federal Register* (volume 76, number 125) on June 29, 2011



# Background

## Evaluation of Problems

IDENTIFIED PROBLEMS		SCREENING CRITERIA (Y, N, MAYBE)			
		Is it Fixable?	Is it a Problem?	Within Scope of the Study?	Problem Addressed by Others?
WATER QUALITY AND HYDROLOGIC CONNECTIVITY	<b>Nutrient Loading</b>				
	Septic Leakage	YES	MAYBE	MAYBE	YES
	Princess Ann Road Causeway And Corey's Ditch - Loss of Marsh Sheetflow	YES	YES	YES	NO
	Population Growth and Development	NO	YES	NO	NO
	Agriculture Land-use Practices	YES	MAYBE	YES	YES
	<b>Turbidity</b>				
	Pulsed Upstream Sediment Loadings (i.e. High Rain Events) from Farming, Development, etc.	YES	MAYBE	YES	MAYBE
	Wind Driven Re-suspension of Sediment Within Currituck Sound	YES	YES	YES	NO
	Change in Sediment Composition (i.e. Organic Inputs from Eurasian Milfoil Die-off)	YES	YES	YES	NO
	Sedimentation from Shoreline Erosion	YES	NO	YES	YES
	<b>Salinity</b>				
	Dredging of Navigational Channels	NO	NO	YES	NO
	Great Bridge Lock	MAYBE	MAYBE	NO	YES
	North Landing River Lock	MAYBE	MAYBE	NO	YES
	Coinjock Canal	MAYBE	MAYBE	NO	NO
	Diversion of Freshwater Flows (Decrease Freshwater Input to the System)	MAYBE	MAYBE	NO	NO
	Drought	NO	MAYBE	NO	NO
	Saltwater Pumping	YES	NO	NO	NO
	Canal #2	MAYBE	MAYBE	NO	NO
	Diversion of Great Dismal Swamp Inputs	MAYBE	MAYBE	NO	NO
	Joyce Creek	MAYBE	MAYBE	NO	
	Freshwater Diversion and Withdrawals for Consumption	NO	YES	NO	NO
<b>Connectivity</b>					
Closing of Inlets	YES	MAYBE	YES	NO	
WETLAND LOSS	Mainland Shoreline Erosion- marshes	YES	YES	YES	NO
	Marsh Island Erosion/Loss	YES	YES	YES	MAYBE
	Wetland Conversion to Agriculture, Forestry, and Developed Lands	NO	YES	MAYBE	YES
	Ditching and Draining of Wetlands	YES	YES	MAYBE	NO
	Decline in Freshwater Wetlands	YES	YES	YES	NO
	Decline in Coastal Emergent Marsh	YES	YES	YES	MAYBE
SEDIMENT	Minimal Flushing - Accumulation of Upland and Riverine Sediments	MAYBE	MAYBE	NO	NO
	Contaminated Sediments	YES	MAYBE	YES	YES
	Anthropogenic Blockage of Coarse Sediment Influx to the System (i.e. Overwash Events)	YES	YES	YES	NO
DREDGING	Historic Unconfined Disposal of Sediment (i.e. Sidecast Dredging)	YES	YES	NO	NO
	Need for Dredging to Fulfill Authorized Depths - Turbidity Associated with Vessel Activity	YES	YES	NO	NO
	No Capacity Within Current Confined Disposal Facilities (CDF's)	YES	YES	NO	NO
BIOTA	Seasonal Die-Off of SAV	NO	NO	NO	NO
	Waterfowl Decline	YES	YES	YES	NO
	SAV Decline	YES	YES	YES	NO
	Exotic Species (i.e. Phragmites australis, Eurasian watermilfoil)	YES	YES	YES	MAYBE
	Lack of Ecosystem Function (i.e. Connectivity Between Habitats)	YES	MAYBE	YES	NO
	Decline in Black Bass Populations	YES	NO	NO	NO
	Decline in Biodiversity	YES	YES	YES	NO
	Decline in Nesting Island Habitat	YES	MAYBE	YES	NO
	Blockage to Anadromous Fish Spawning Habitat	YES	MAYBE	YES	MAYBE
	Vessel Prop wash and Wake Impacts to SAV	YES	YES	NO	NO
Decline in Fish Habitat Diversity	YES	YES	YES	NO	

The following problems were carried forward for further consideration:

- Sediment loading from upstream during high discharge events
- Loss of marsh sheetflow
- Loss of connectivity with the ocean through inlet closures
- Shoreline erosion – mainland marshes and islands
- Decline in wetlands – freshwater and coastal -
- Blockage of coarse sediments from entering system
- Decline of SAV and other important habitat
- Decline in species biodiversity
- Decline in waterfowl
- Increase in exotic and invasive species





# Background

## Problem Statement

Alteration of the natural coastal processes in the CSER area has resulted in the creation of a unique wind-tide driven oligohaline back barrier ecosystem. This ecosystem, which once supported an abundance of submerged aquatic vegetation, coastal marshes, and islands and associated wildlife and fisheries, has been degraded as a result of anthropogenic activities in the Sound and surrounding watershed. Areal extent of these keystone habitats has declined, weakening their interconnectedness and altering energy regimes throughout the Sound thereby reducing their capacity for self repair. This facilitates a negative feedback that continues to destabilize the ecosystem by reinforcing change and causing continued site alteration.



# Historic Overview

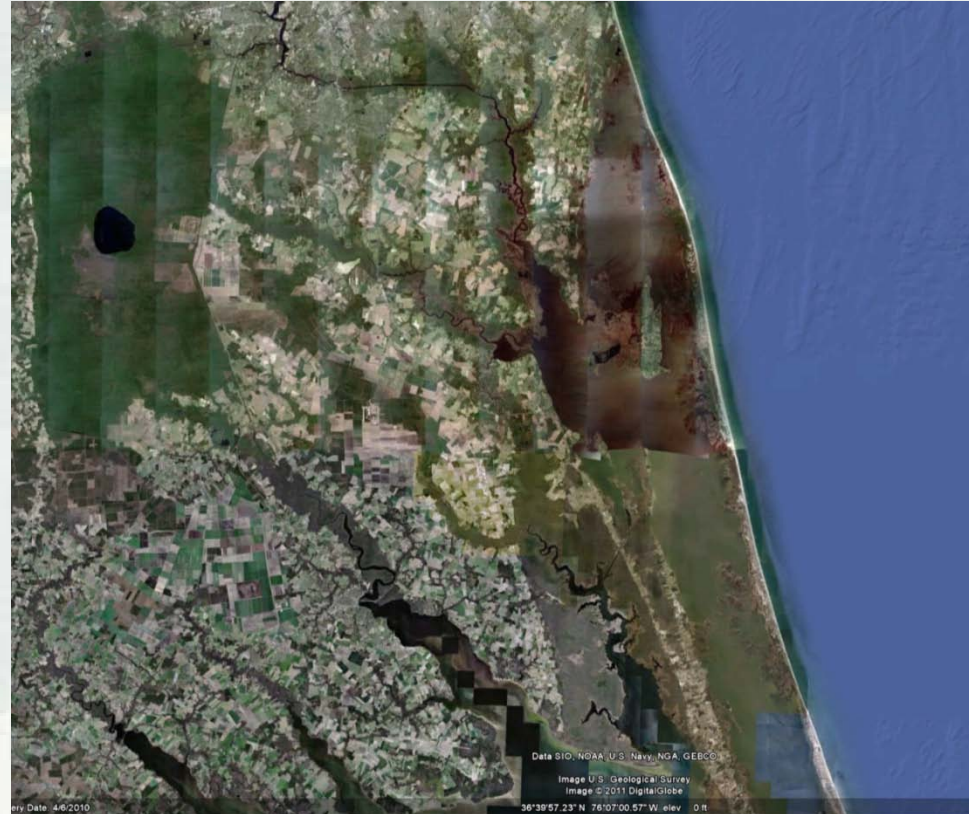
- Salt water system connected to the Atlantic Ocean by series of inlets
- Five known historic inlets from early 1600's to early 1800's
- Last inlet closed mid-1800's (Caffey's)
- Hydrology also affected by other anthropogenic (i.e. navigation channels) and natural events (storms)



# Historic Overview

## Basin

- Significant population and development in the northern portion of the study area and along the outer banks
- Predominance of historic and current agricultural land use throughout the watershed
- 2 major tributaries supply majority of freshwater to Sound:
  - North Landing River – drains 117 mi<sup>2</sup>; channelized entire length; part of AIWW
  - Northwest River drains 196 mi<sup>2</sup>



# Historic Overview

## Habitat - General

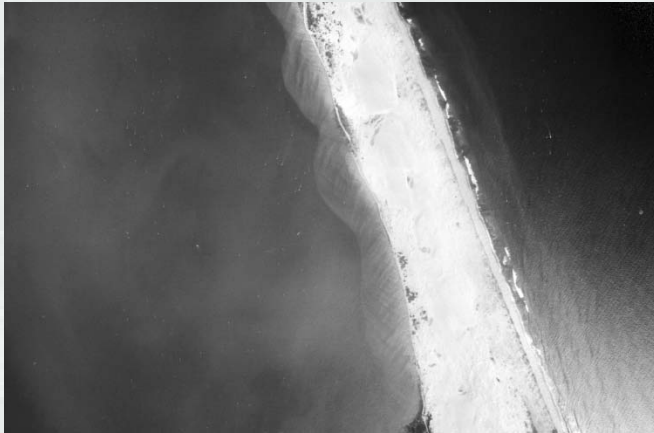
- Upon closure of historic inlets >100 mi<sup>2</sup> of lunar tidal brackish marsh converted to wind tide driven fresh (<0.5 ppt) to oligohaline (0.5-5 ppt) system
- Transition to freshwater fisheries and increased waterfowl use
- Significant shifts diversity and abundance
- Now **rare** and **nationally significant habitat**
  - SAV/ Coastal Marsh and Shallow Water Complexes
    - Supports large sport fishing and hunting industry unique Currituck Sound
    - Only remaining wading bird rookery island provides critical nesting habitat



# Historic Overview

## Habitat- Marsh and Shallow Water

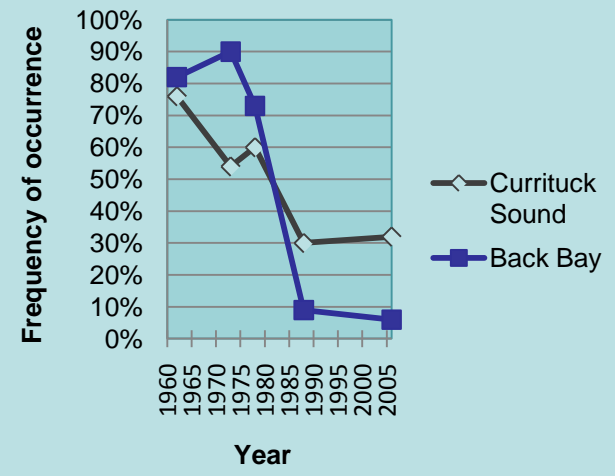
- Back barrier marsh complexes - starved of coarse sediment loads from overwash & wind driven transport
- Sandy habitat for shorebirds - converted to a vegetated & stabilized community
- Loss of back barrier marsh and bird nesting habitat do to erosion
- Significant portions of marshes invaded by *Phragmites australis*
- Prior to the mid-1980s, NC had lost ~50 % of original wetlands acreage.



# Historic Overview

- Three significant declines in SAV since 1920's
  - 1920's: decline after lock opening & enlargement of Chesapeake and Albemarle Canal
  - Mid-1960's: major decline of SAV in Back Bay
    - first observance of *Eurasian watermilfoil* (1964) - Dominate species (1967)
  - Late 1970's: < 1/2 of early 1970's population
    - Changes in biomass & distribution attributed primarily to increased turbidity & turbulence resulting from unusual weather during the early growing season of 1978
- Continued decline in SAV since the late 1970's

### Submerged Aquatic Vegetation

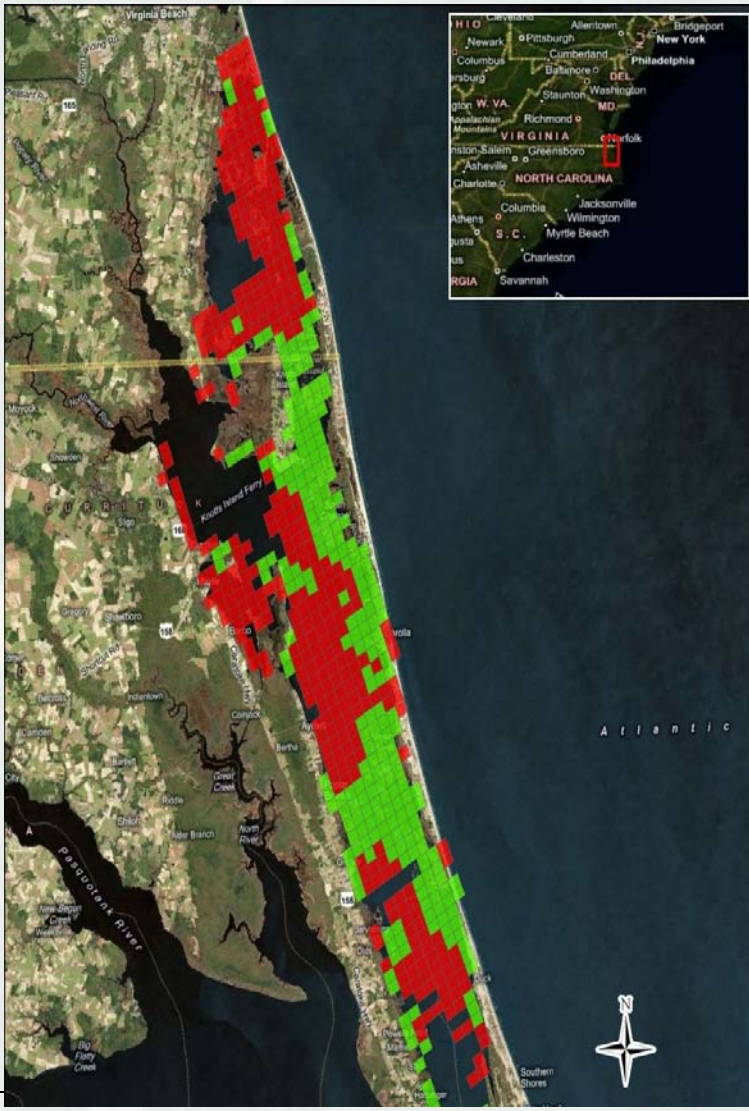


# Historic Overview

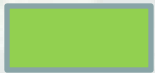
- The *Eurasian watermilfoil* boom –
  - Outcompeted native species
  - Short term habitat improvement
  - Increase in freshwater fish species abundance
  - Long term decline in habitat sustainability
- 1980's Significant mass die-off of *Eurasian watermilfoil*
  - Substrate was left devoid of vegetation
  - More vulnerable to re-suspension of sediment
  - Organic load to the system
  - Increased clarity issues



# Historic Overview



SAV present in 1960's but absent in 2003



SAV present in 2003





# Historic Overview

## Habitat – Shorebird Nesting

- Historically, gulls and tern nesting colonies were on natural beaches
- Expansive beach development has degraded areas for nesting
- New alternative estuarine island nesting sites resulted from island building for dredged material disposal.
- Most current nesting occurs in the estuary & almost half of all nesting sites are on man altered substrate since the 1970s.



# Historic Overview

## Habitat – Wading Bird Nesting

- Historically most heronries in coastal swamps
- Logging has degraded or eliminated areas for nesting
- It is believed historically - multiple wading bird nesting sites throughout Currituck Sound
- Monkey Island currently only remaining wading bird nesting habitat in study area
- Monkey island -
  - 1952 - 8.4 ac,
  - 2005 - 5.1 ac
  - 2010 - 4.4 ac

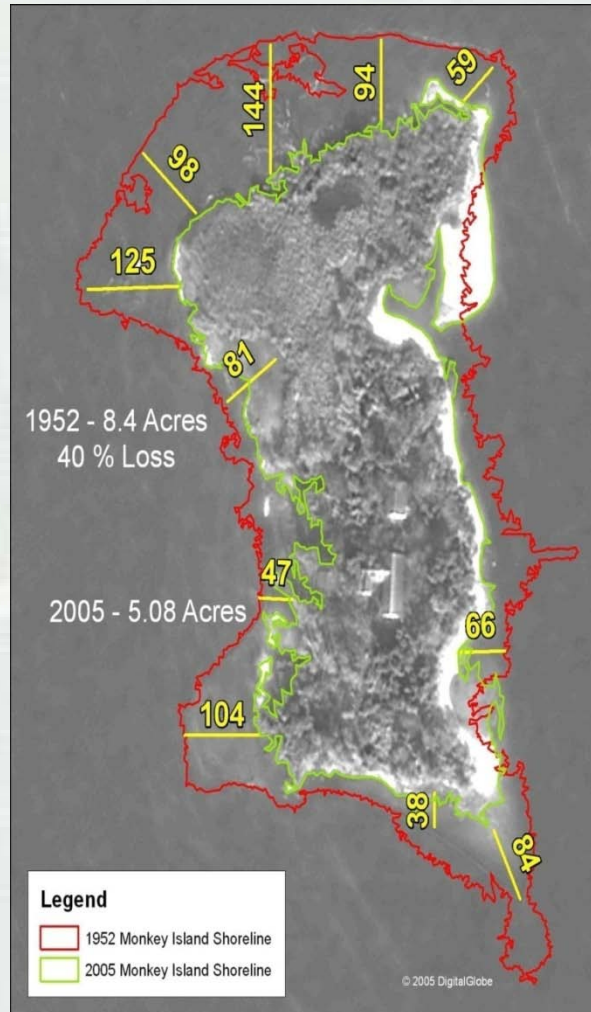


Note: For constructed wading bird nesting islands, a size range of 5-25 ac is recommended



# Historic Overview

## Habitat – Wading Bird Nesting

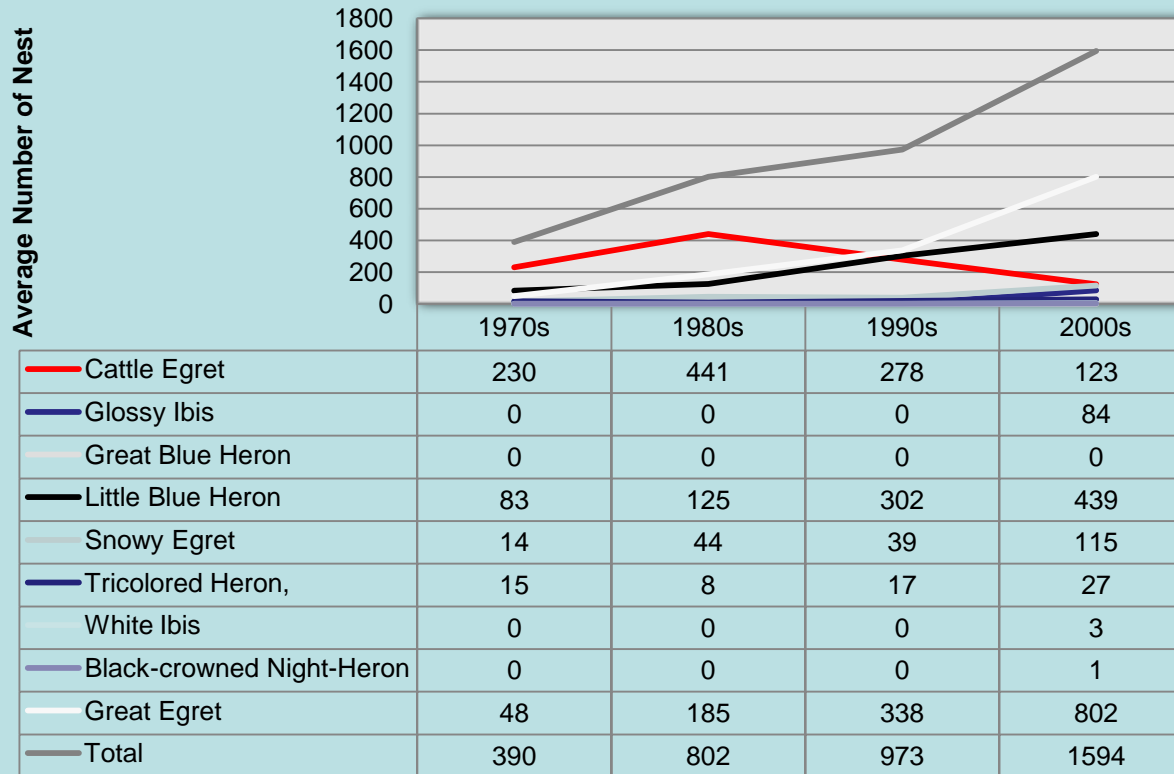


Comparison of 1952 to 2005 shorelines at Monkey Island using aerial imagery and measurement of erosion vectors



# Historic Overview

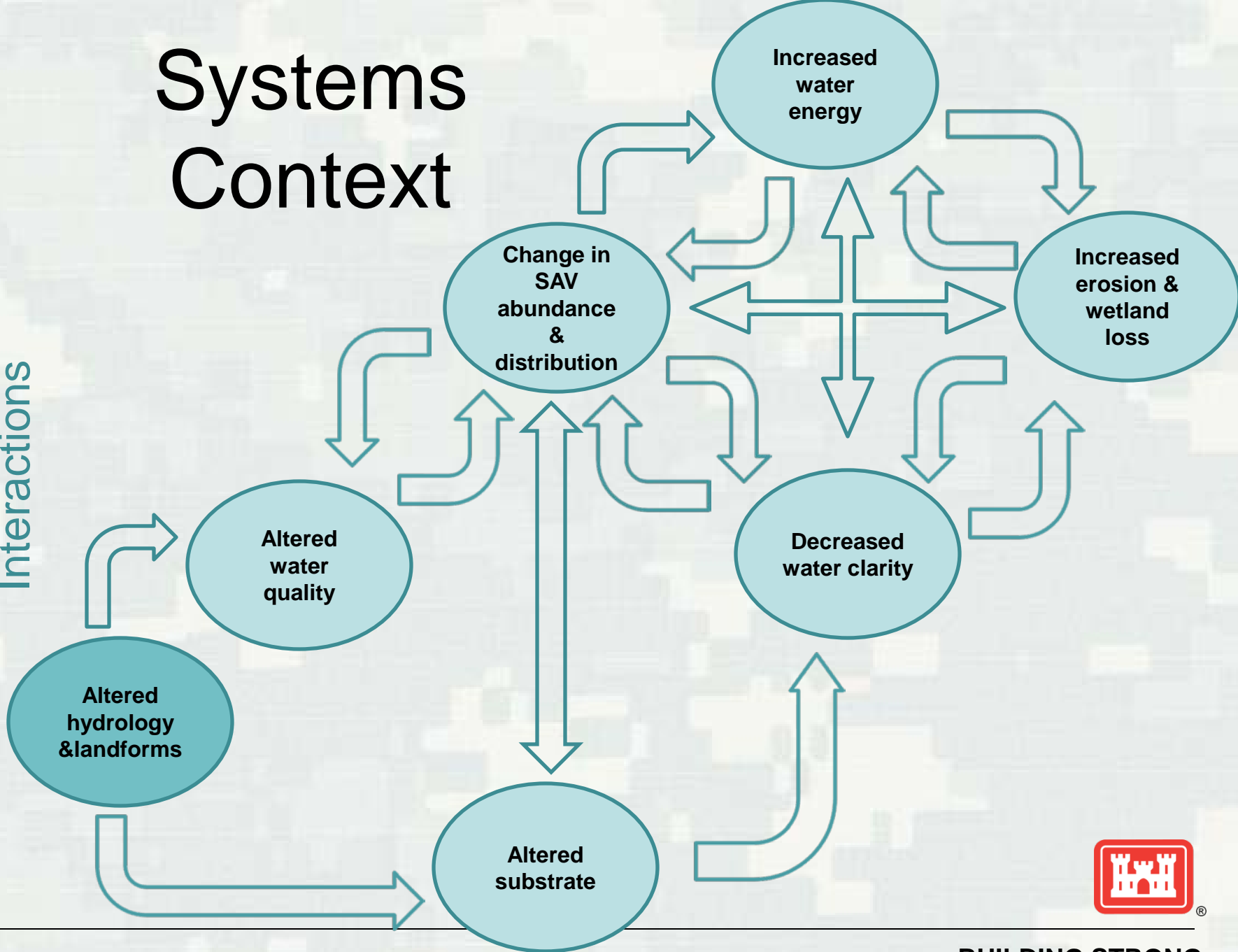
**Monkey Island, Currituck Sound NC**  
**Number of Nests by Species**



# Systems Context

Conceptual Model of Ecosystem

Interactions



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# Systems Context

As a consequence of the intricate interactions and dependencies of the SAV and coastal marsh habitats, degradation and/or loss of one habitat has a huge negative implication to the other and to system quality. As a result, they cannot be considered as separate systems.

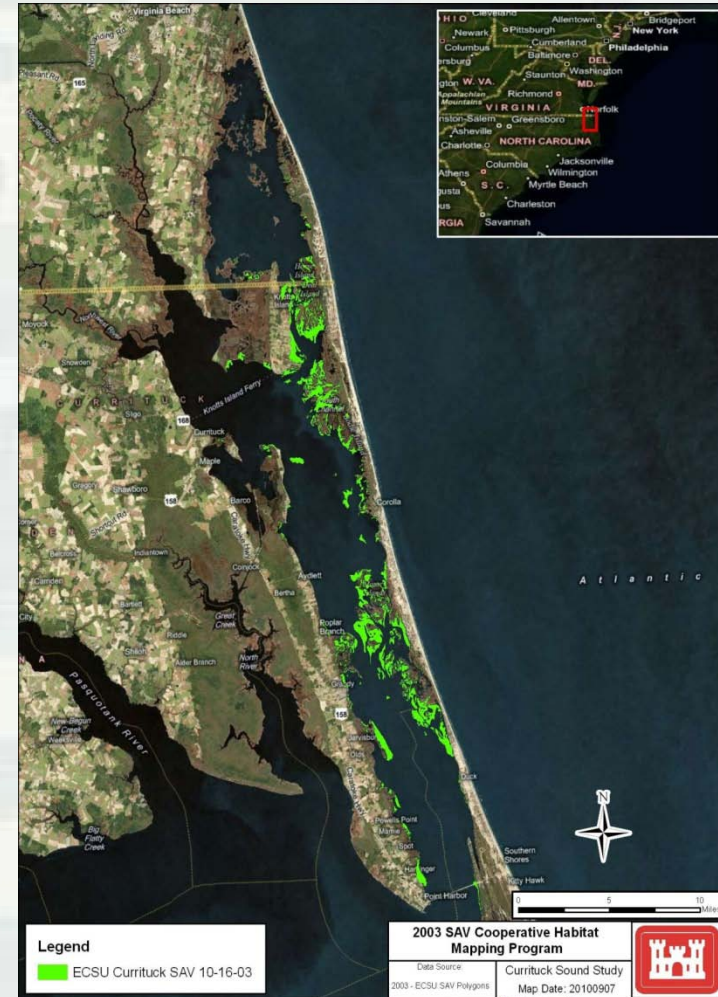
For this Study – these systems will be referred to as **Submerged Aquatic Vegetation/ Coastal Marsh and Shallow Water Complexes**



# Existing Conditions

## Habitat- SAV/ Coastal Marsh and Shallow Water Complexes

- SAV - significant natural resource in the study area
- SAV habitat - close to shore and among marsh islands
- Majority on the back side of the barrier beaches - associated with the lee-side of the marsh communities
- 9,857 acres of SAV Back Bay and Currituck Sound in 2001
- Back Bay - approximately 5% of its SAV distributions of 25 years ago

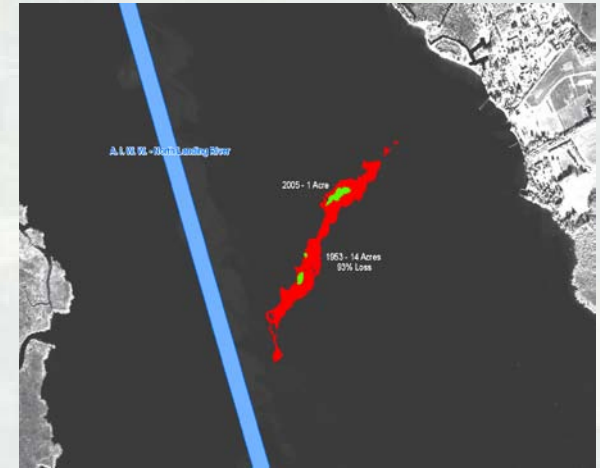


# Existing Condition

Within the study area, large areas of marsh that once provided wind breaks (which reduce fetch and calm shallow waters), bird rookeries, and aquatic habitat have eroded away.

## Documentation of Land Loss

- 1951-52 USGS aerial photography
- 2005 Satellite images
- 3 high quality image pairs analyzed



Faraby Island Marsh Loss.  
The red areas represent land loss since 1963

Site Name	Type	1952-53 Acres	2005 Acres	Acres lost	Percent Loss
Faraby Island	Marsh Island	14	1	13	93%
Porpoise Point	Mainland Marsh	278	225	53	19%
Monkey Island	Wooded Island	8	5	3	38%





# Existing Conditions

Development, beach driving, and associated disturbance factors on Currituck Banks have eliminated the piping plover and American oystercatcher from the study area and significant declines in least tern numbers are also evident

- In 1992 – 4 least tern colonies existed with 3-6 nests at each site; 2004 – 2 nests; and in 2010 – 1 nest.



Terns generally prefer bare or nearly bare substrates



# Existing Conditions

## Habitat – Bird Nesting Islands

- Monkey Island supports herons, egrets, and ibis
- Often holds the largest little blue heron colony in the state
- Continued erosion of Monkey Island is currently decreasing the amount of available nesting habitat
- Nest crowding is apparent and is increasing.
- Increased accumulation bird feces could kill vegetation through soil acidification reducing appropriate nesting trees
- Monkey Island supports tidal wetlands and shelters about 3 acres of SAV from wind and wave attack



# Future Without Project

- Based on coastal land loss trends ~ 430 ac of estuarine marsh could be lost in the Currituck Sound Study Area every 6 years, or 3,600 acres over a 50 year period of analysis
- The possibility of submergence and marsh loss due to increased sea level and/or land subsidence has been identified as a concern for the marshes of the project area as well as the lower meso-tidal and micro-tidal marsh environments of the surrounding region.
- In Currituck Sound and Back Bay wind and wave erosion is causing extensive wetland shoreline and marsh island loss which is expected to worsen with continued sea level rise
  - In Back Bay the SLAMM model suggests that due to the effects of increased salinity water depth, and wind fetch 2000 ac of estuarine marsh could be lost by 2050 (FWS)



# Future Without Project

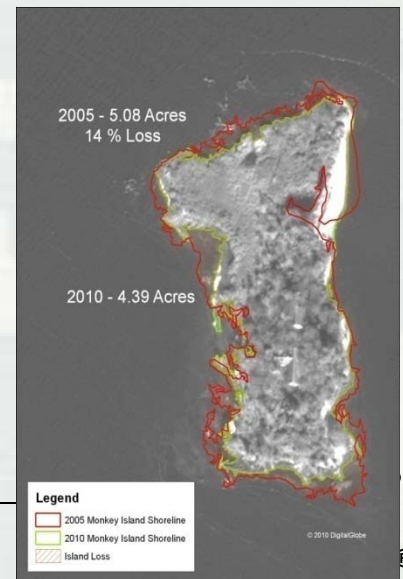
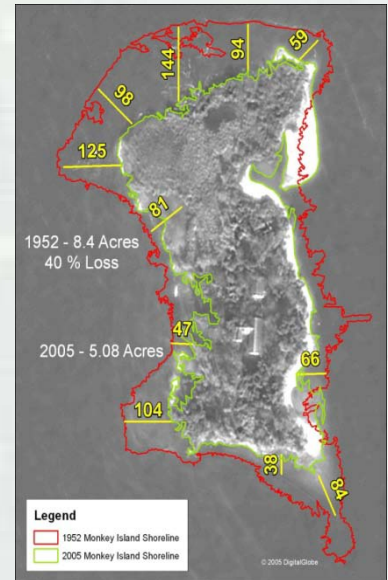
## Habitat- SAV/ Coastal Marsh and Shallow Water Complexes

- Continuation of current SAV population trend of relatively stable populations well below historic potential
- Without a increased and /or sustainable "native" SAV population throughout the Sound, future *Eurasian watermilfoil* events could cause significant disruption to the system due to its boom/bust habit



# Future Without Project

- Assuming a continued erosion rate of 0.14 ac/year and 2015 project construction date, Monkey Island would be expected to be less than 4 acres at the beginning of a federal project and under a no action scenario the island could be gone within the 50 year period of analysis.
- Continued erosion of Monkey Island will decreased the amount of available nesting habitat for wading birds
- Without action to stop island loss, impacts would be expected to result initially in fewer nests and eventually in rookery abandonment, when potential tree nesting site were no longer available.



PROBLEM	OPPORTUNITY
<p><b>Loss of Submerged Aquatic Vegetation / Coastal Marsh and Shallow Water Habitat Complexes</b></p>	<p>Re-establish native SAV bed by planting and/or seeding</p> <p>Reclamation of lost acres of back barrier and mainland marsh and marsh islands within the Sound or the creation of new marsh habitat</p> <p>Protect the shorelines of existing, restored, and created marshes</p> <p>Establish multi-functional habitats and dredged material disposal islands that allow proper maintenance of the AIWW and provide protected areas to establish SAV</p> <p>Control and manage the invasive species, <i>Phragmites australis</i> and <i>Myriophyllum spicatum</i> (Eurasian Watermilfoil), in order to sustain a diverse native habitat</p>
<p><b>Loss of Estuarine Islands and Waterbird Nesting Habitat</b></p>	<p>Protect and restore existing significant wading bird nesting habitats (i.e. Monkey Island).</p> <p>Reclaim lost acres of back barrier and mainland marsh or create new marsh shorebird habitat</p>
<p><b>Historic Decline in Water Quality and Clarity</b></p>	<p>Restore native SAV beds and stabilize sediment and cycle nutrients</p> <p>Create riparian buffers to help improve water quality by reducing turbidity, suspended solids, and nutrient loading</p> <p>Create/restore marsh island and back barrier marsh features to help reduce fetch and minimize wave induced re-suspension of sediment</p>

# Site Selection

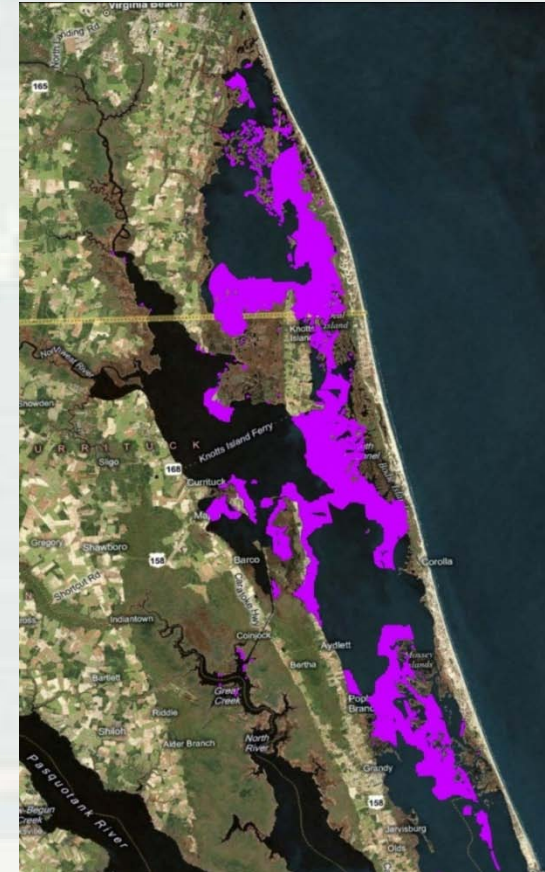
Siting



Marsh Focus Areas

**SDSS was used to identify areas which no longer contain these habitats & present high opportunity for restoration**

GIS-based method for scaling, weighting, and combining multiple, spatially explicit variables for the purpose of identifying distinct areas within a larger landscape that present good opportunities for restoration of a particular resource



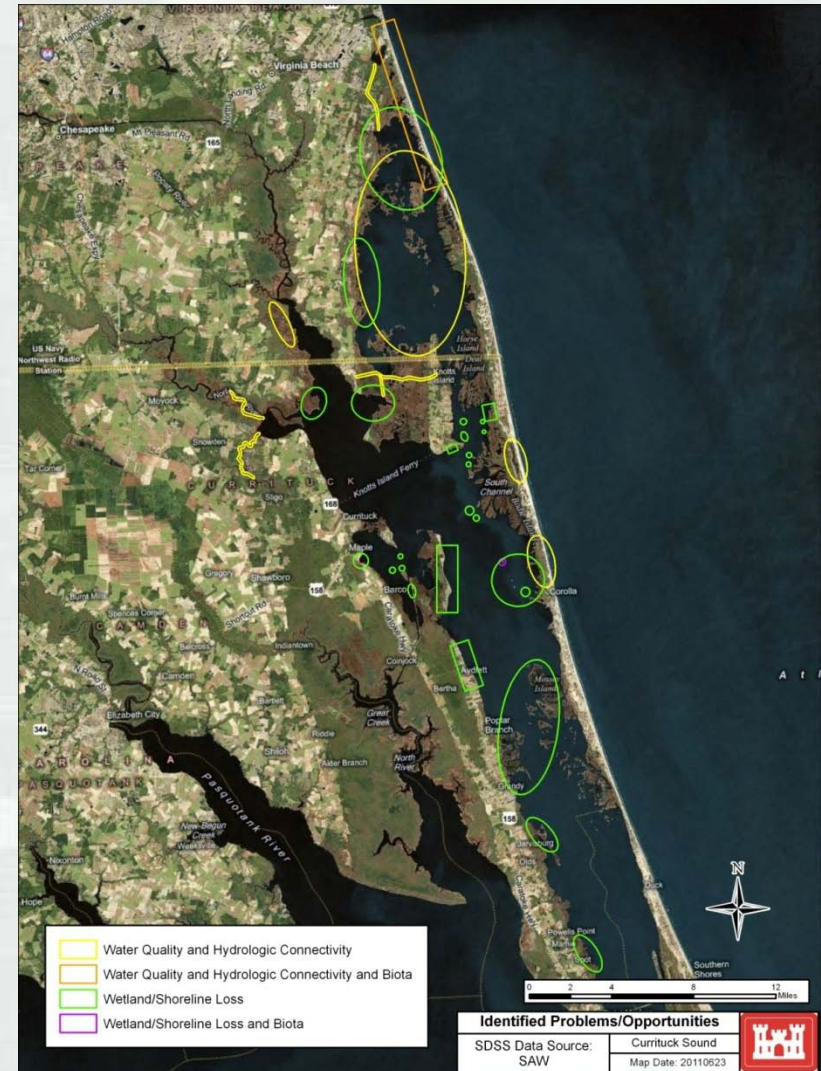
Nesting Island Focus Areas



# Site Selection

## Siting - Identified Problem Areas

Meetings were held with Federal, state, and local agencies, and stakeholders to obtain input on restoration needs and opportunities





# Site Selection

## Siting- Restoration Focus Areas



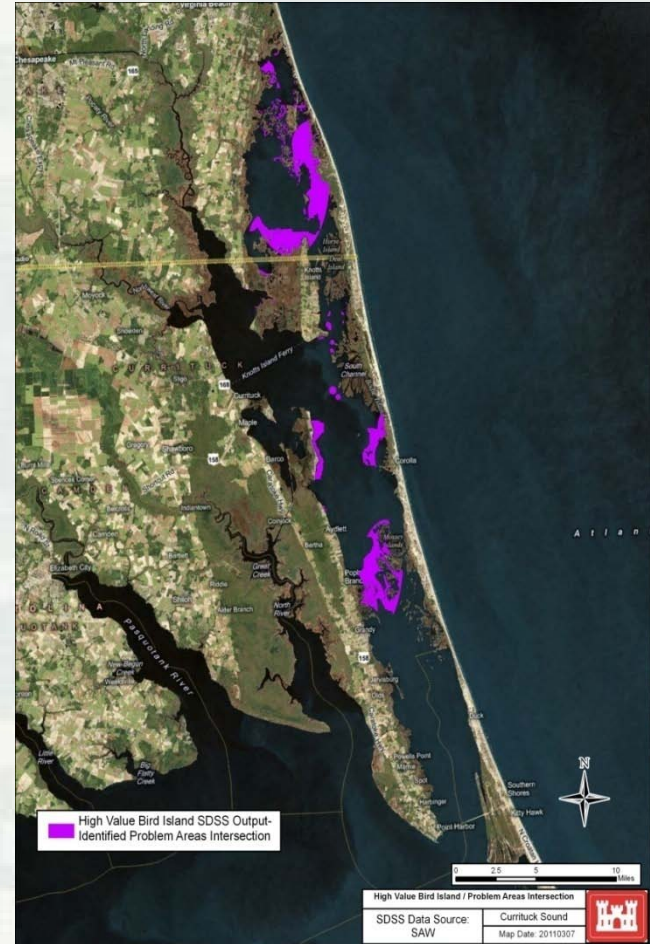
Marsh Focus Areas

Locations:

- most degraded
- posing an opportunity
- need for restoration by the stakeholders

Overlaid on the map of areas identified as “high opportunity” for restoration by the SDSS

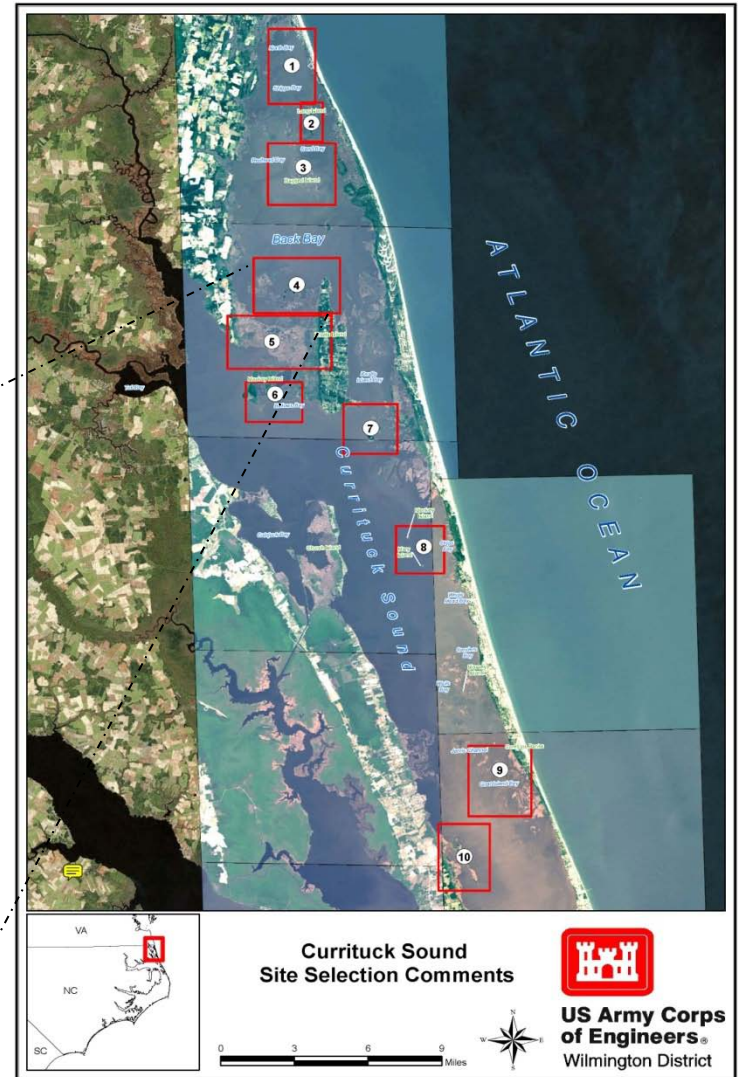
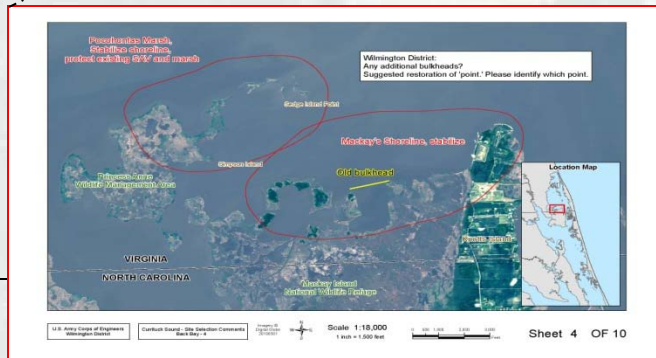
From the regions of overlap, general restoration opportunity areas were identified



Nesting Island Focus Areas

# Site Selection

- Web-meeting held with agency and non-governmental organizations
- Present the results of the SDSS
- Obtain assistance in further distinguishing degraded functions & values & opportunities within the identified sites
- Participants identified very specific restoration opportunities within each general area



# Restoration Measures

## Nonstructural:

- Habitat restoration
  - ▶ Control of Phragmites
  - ▶ Vegetative Plantings

## Structural:

- Sediment Supply and Distribution (Marsh, Sand Island, Nesting Island)
  - ▶ Channel Dredging and Placement
  - ▶ Sediment Delivery from Distant Sources
- Shore Protection
  - ▶ Breakwaters
  - ▶ Marsh toe protection structures
  - ▶ Sills
- Hydrologic Restoration/Connectivity
  - ▶ Removal of existing impediments to sheetflow
  - ▶ Removal of existing impediments to overwash
  - ▶ Reestablish tidal exchange through the creation of inlets
  - ▶ Culverts



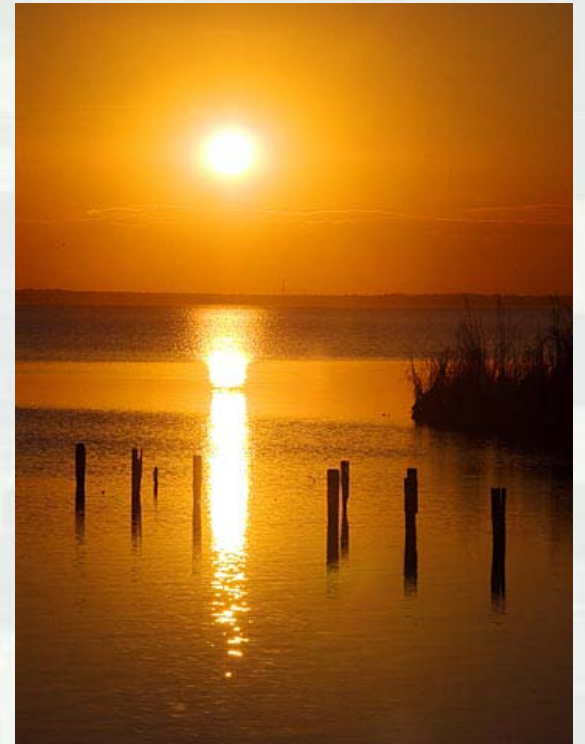
# Restoration Alternative Formulation

Additional information is currently being collected for each site. Once this information is obtained, all possible measures and combination of measures that meet our objective and engineering requirements will be analyzed to identify the best combination of measures for each restoration site.

These site-specific combinations *will* form the basis for the assembly of preliminary alternatives and will be evaluated further in the evaluation and analysis of alternatives leading to determination of the Tentatively Selected Plan..



# Questions



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