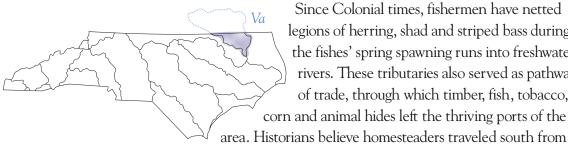
he Chowan River Basin is a region of vast hardwood swamps and tea-colored rivers. It is a place where fish were once currency and rivers were once highways.



Since Colonial times, fishermen have netted legions of herring, shad and striped bass during the fishes' spring spawning runs into freshwater rivers. These tributaries also served as pathways of trade, through which timber, fish, tobacco, corn and animal hides left the thriving ports of the

the Jamestown, Va., area to settle the mouth of the Chowan River.



streams and rivers:

Total acres of estuary: 15,600

Size: 1,298 square miles

Population: 61,548 (2010 U.S. Census)

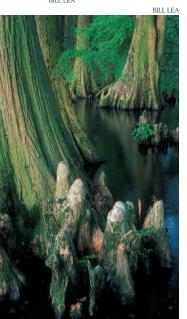
Bobcat



Before European settlement, the Chowan River was home to Algonkian Indians, who lived for centuries on the riverbanks—the Weapemeoc on the west shore, the Chowanoke on the east. They, too, fished the bountiful waters and farmed the fertile soils.

The waters of the basin are still known for some of the best fishing in the state. Largemouth bass, bluegill, chain pickerel, black crappie, sunfish, perch and herring are the most sought-after species. The Chowan River is often called the capital of the "river herring" fishery.

Cypress trees on Chowan River (below and left)









Enchanted Forest

erchants Millpond State Park is a mystical place where ancient bald cypress trees and draping Spanish moss wrap around a 760-acre millpond nearly 200 years old. The floating leaves of water lilies meet knobby cypress knees at the surface of the still, black water. The pond's upper end contains a grove of 800-year-old bald cypresses and some of the

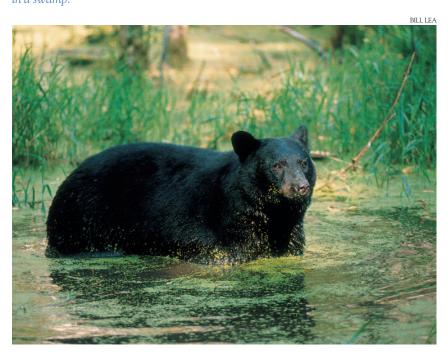


GEORGE HUMPHRIE

state's largest water tupelos. More than 200 species of birds have been recorded, and waterfowl abound in winter. Water moccasins, or "cottonmouths," proliferate in the warm months. Other inhabitants include alligators, black bears, minks, gray foxes and river otters.

A black bear wades through duckweed in a swamp.

The term is applied to both blueback herring and alewife, anadromous species that live as adults in the open ocean but swim back to the freshwater streams of their birth to breed. As recently as three decades ago, more than 12 million herring were processed annually in the town of Colerain. Early settlers ate their herring boiled, fried or corned (cured by salt). Many traded barrels of herring for sugar, rum and other goods. Though the population and commercial harvest of herring have drastically declined, it is still a spring tradition for locals to fry this fish-of-little-flesh to a crisp and eat it bones and all.



The Chowan River proper originates at the North Carolina-Virginia border where the Blackwater and Nottoway rivers meet. Narrow and lively at its source, the 50-mile-long Chowan flows southeast past such small towns as Winton and Colerain before broadening to nearly two miles wide where it meets the Albemarle Sound near Edenton. Along with the Roanoke River, it supplies most of the fresh water to the sound, which is part of the second-largest estuary system in the United States (the Albemarle-Pamlico Estuary). Only the Chesapeake Bay is larger in area. Major tributaries in the basin include the Meherrin and Wiccacon Rivers and Potecasi, Ahoskie, Bennetts, Indian and Rockyhock creeks.



Edenton Bay and Albemarle Sound

DOUG WECHSLER, VIREO

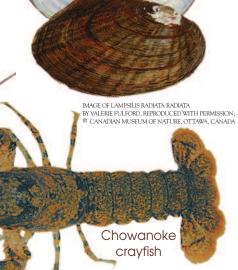
Ospreys are among several fish-eating birds that have made a comeback since the ban on the pesticide DDT in the United States.

One of the most extensive swamp forests in North Carolina, Chowan Swamp, lies along the northeast shore of the Chowan River. Between 1973 and 1994, The Nature Conservancy worked with Union Camp Corporation and Georgia-Pacific Corporation to protect almost 11,000 acres now owned by the N.C. Wildlife Resources Commission, the N.C. Forestry Foundation and the N.C. Division of Parks and Recreation. Most of the swamp is forested in swamp tupelo and red maple,

with a narrow strip of bald cypress and water tupelo along the river. Freshwater marshes at the mouths of Bennett's, Sarem and Catherine creeks contain large patches of prairie cordgrass, a

significantly rare species in North Carolina. Wild rice and arrow arum grow there too. The swamp hosts breeding "neotropical" migratory songbirds, such as prothonotary and Swainson's warblers, and mammals such as black bears, bobcats and river otters. Paddlers can access this wilderness through several blackwater streams.

The state's Natural Heritage Program considers 100 miles of the Chowan and its tributaries significant aquatic habitat because of diverse, rare and vulnerable populations of freshwater mussels. Five mussel species



AIMEE FULLERTON, NCWRO

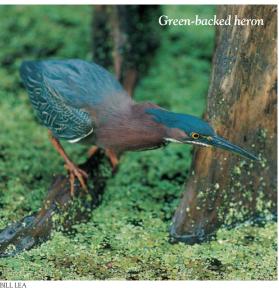
Edstern lampmussa

営Kudzu of the

Hydrilla, originally from Asia, showed up in North Carolina waters more than 30 years ago. A small fragment of hydrilla can grow into a whole colony of plants and clog a waterway from top to bottom in just a few years, damaging fisheries and vegetation by creating a tangled web that smothers aquatic species and blocks sunlight. Once the weed becomes established in an area, boating and water recreation becomes nearly impossible. Though the plant can spread by natural causes, the most common cause of spreading is by human activities. Signs posted on public boat ramps advise boaters about the need to inspect boats, trailers and gear and to remove any sign of the weed before leaving the site. Eradicating the plant through the use of herbicides or by using a fish called grass carp is an expensive and lengthy process. Hydrilla has been a serious problem in the Roanoke River Basin since the 1990s. It is now spreading within the Chowan and beginning to colonize shoreline along the Albemarle Sound. Biologists fear that it could find its way into pristine lakes such as those in and around Pocosin Lakes National Wildlife Refuge.



Cannon's Ferry Heritage River Walk is near the site of a historic boomtown herring fishery.



are state-listed as threatened: the triangle and alewife floaters, the eastern lampmussel, the eastern pondmussel and the tidewater mucket. The Chowanoke crayfish, a resident of sluggish, woodland streams of the basin, lives elsewhere only in southeastern Virginia. The Atlantic sturgeon is listed federally as an endangered species, though it hasn't been recorded in the Chowan River for more than 100 years. The red-cockaded woodpecker is another federally endangered species in the basin. The bald eagle, American alligator and coastal plain subspecies of the Rafinesque's big-eared bat are state-listed as threatened.

State officials in charge of monitoring water quality find the condition of the basin's waters generally good, so it's hard to believe that the Chowan River was once declared "dead." In 1972, the Chowan was the site of the first large-scale algae bloom in coastal North Carolina. Thick, green scum swallowed the lower half of the river. Depleted oxygen levels caused by the decomposing blue-green algae killed fish, and fish diseases were rampant.

For the past two decades, concerned residents and scientists have worked to restore water quality. A local group of residents began monitoring the river. They alerted officials to problems, attended public meetings and spotlighted possible polluters. Research indicated that excess levels of nitrogen and phosphorus in wastewater and runoff contributed greatly to the river's problems. In 1979, the Chowan became the first river basin in North Carolina to receive the "nutrient sensitive waters" classification. The state's Division of Water Quality recommended reductions in the amounts of phosphorus and nitrogen that wastewater treatment systems were allowed to discharge into the river.



Parker's Ferry

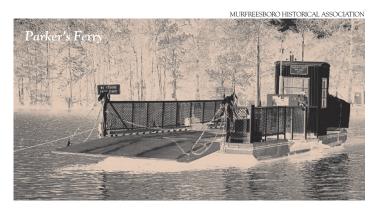
The community of Parker's Ferry in Hertford County is the site of a two-car ferry from the 1930s. From a ramp lined with water lilies off Secondary Road 1306, the ferry still takes passengers across the mouth of the Meherrin River. Parker's Ferry is also home to the Meherrin Indians, "the people of the muddy waters." After they were assigned to a reservation here in 1726, tribe members disbanded and moved into the surrounding swamps. By concealing their identities, they and their descendants became an integral part of the area's economy. The Meherrin's descendants reorganized in 1975 and gained official recognition as a tribe in 1986.



Area farmers have taken voluntary measures to reduce soil erosion and runoff of fertilizer and animal waste. Researchers estimate that 123,244 fewer tons of soil erode each year because of these practices.

Bald cypresses stand like sentries on a Chowan swamp.

Another positive result can be seen in area fisheries. A 10-year fish consumption dioxin advisory was lifted for the Chowan River in 2000. (Dioxin is a byproduct of certain paper-bleaching processes.) New bleaching technologies at a Virginia paper mill have reduced contaminated wastewater discharge. The majority of the Chowan River's watershed (75 percent) lies in Virginia. Thanks to work by the Albemarle-Pamlico National Estuary Program, stakeholders in Virginia and North Carolina have pledged to work together to protect shared water resources. They've appointed a watershed field coordinator, and an interstate work group coordinates projects.

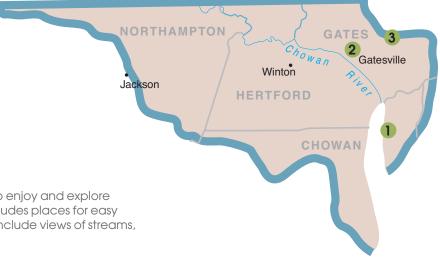


A variety of skills, knowledge and talents is necessary to solve water quality problems—which is why it's so important for many different people, organizations and agencies to pool their resources to protect a community's natural resources. Many opportunities exist for people to get involved in environmental stewardship in the Chowan River Basin. For more information, see the contacts on the back page.

State of North Carolina: Governor Pat McCrory • North Carolina Department of Environment and Natural Resources: Secretary John E. Skvarla, III • Office of Environmental Education and Public Affairs: Program Manager Lisa Tolley; Project Manager Ian Brown • Editor Carla Burgess • Designer Kimberly KC Schott, Red Gate Design • Special Thanks North Carolina Wildlife Resources Commission, North Carolina Division of Water Quality and North Carolina Natural Heritage Program • Date: 2013 • 5,500 copies of this public document were printed at a cost of \$1,324.12 or 0.241 per copy. • This publication was funded through a Walmart Stormwater Compliance Grant.







The Chowan River Basin offers opportunities to enjoy and explore nature through walking and hiking. This list includes places for easy to moderate activity. The following sites also include views of streams, rivers, creeks, lakes, wetlands or estuaries.

1 Cannon's Ferry Heritage Riverwalk / J. Robert Hendrix Park

www.visitedenton.com/recreation.html This 250-foot riverfront boardwalk in Tyner provides not only a glimpse of the wildlife and natural history of the Chowan region, but also commemorates its cultural history. It is built on the site of an old fish house where river herring were netted during the fish's spring migration. The boardwalk is lined with interpretive signs that describe the role the fishing industry played in the community during the 19th and 20th centuries before the catches declined. The area was called the capital of the herring fishery—in some years, millions of the fish were caught and processed. A staple on the dinner tables of the residents, the bony fish were also smoked, cured or pickled and exported for the market.

2 Gatesville Waterfront Park

www.ncsu.edu/paddletrails • Short nature trail on banks of Bennett's Creek.

www.ncparks.gov/Visit/parks/memi/ 3 Merchants Millpond State Park main.php • 9 miles of trails, including a .33-mile wheelchair-accessible trail.



The North Carolina Birding Trail

The North Carolina Birding Trail is an initiative focused on promoting new and existing birdwatching sites across the state, connecting birders with local communities, businesses and other cultural and educational attractions. A total of 102 sites are included in the Coastal Plain Region. Trail guides and maps for the coastal portion as well as the rest of the state are available on the website. In addition to popular parks and other high-profile sites, the guides point birders to out-of-the-way spots they might otherwise miss. The North Carolina Birding Trail project was developed by Audubon North Carolina, N.C. Wildlife Resources Commission, N.C. State Parks, N.C. Sea Grant, N.C. Cooperative Extension Service and the U.S. Fish and Wildlife Service, along with many other partners, sponsors and volunteers throughout North Carolina. To learn more, visit the website at www.ncbirdingtrail.org.



in the Chowan River Basin

NORTHAMPTON

GATES

Gatesville

Winton

HERTFORD

CHOWAN

Ities for paddling creeks,
places included here offer
eral or local governments.
ay also be available. These

the paddling

The Chowan River Basin offers many opportunities for paddling creeks, ponds, streams, rivers, lakes and estuaries. The places included here offer public access areas maintained by state, federal or local governments. Privately operated marinas and boat docks may also be available. These trails and lakes are suitable for easy to moderate paddling.

1 Bennett's Millpond/Rockyhock Creek Paddle Trail

www.albemarlercd.org/Paddle_Trails.asp • 5-mile paddle trail beginning at old milldam.

2 Cannon's Ferry Heritage Riverwalk / J. Robert Hendrix Park

www.visitedenton.com/recreation.html • Canoe launch on the Chowan River.

3 Chowan Swamp Game Land*

www.nature.org/ourinitiatives/regions/northa merica/unitedstates/northcarolina/placeswe protect/chowan-swamp-game-land.xml • Access via Cannon's Ferry or Gatesville access areas.

4 Gatesville Waterfront Park

www.ncsu.edu/paddletrails/albemarle/a1.html

Access to Bennett's Creek.

5 Merchants Millpond State Park

www.ncparks.gov/Visit/parks/memi/main. php • Paddling on the millpond and access to 6-mile Bennett's Creek Paddle Trail via Lassiter Swamp. • Rental canoes available.

6 Wiccacon River Trail*

www.ncsu.edu/paddletrails/roanoketar/rt4.html • 13-mile paddle trail.

*Denotes site with public access areas maintained by the N.C. Wildlife Resources Commission. For directions to boat ramps, visit www.ncwildlife.org and click on Boating/Waterways, then Maps/Location.

For more information about coastal plain paddle trails, visit www.ncpaddletrails.info.





Sunset and lone cypress on the Albemarle Sound

WHERE SHOULD I GO

What makes the Chowan River Basin so special? See for yourself. Visit these Environmental Education Centers to discover more about your ecological address:

Merchants Millpond State Park

For more information about Environmental Education Centers in North Carolina, check out the Office of Environmental Education and Public Affairs' website at www.eenorthcarolina.org.



You can gain a sense of community pride by learning more and helping to protect streams, rivers and lakes in the Chowan River Basin. The contacts listed below can help you do just that. To find out about local river organizations and conservation groups, contact your local soil and water conservation district. To find out about how you can get involved in local waterway and other litter cleanups, contact North Carolina Big Sweep.

Albemarle-Pamlico National Estuary Program www.apnep.org/

Chowan River Basinwide Plan*

http://portal.ncdenr.org/web/wq/ps/bpu/basin/chowan

Clean Water Management Trust Fund www.cwmtf.net/

Division of Water Quality, Stormwater and Runoff Pollution www.ncstormwater.org/

North Carolina Big Sweep www.ncbigsweep.org/

North Carolina Association of Soil & Water Conservation Districts www.ncaswcd.org

North Carolina Stream Watch www.ncwater.org/Education_and_Technical_ Assistance/Stream_Watch

North Carolina Water Science Center http://nc.water.usgs.gov/

^{*}Basinwide water quality planning is a nonregulatory, watershed-based approach to restoring and protecting the quality of North Carolina's surface waters. The N.C. Division of Water Quality welcomes community input.

