# Shad in the Classroom Program Report (2009-2019)

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# **Table of Contents**

| Executive Summary                                                                                           | 3  |
|-------------------------------------------------------------------------------------------------------------|----|
| Acknowledgments                                                                                             | 6  |
| Program Report 2019                                                                                         | 8  |
| 2019 Program Timeline (Figure 1)                                                                            | 9  |
| Tank Inventory                                                                                              | 10 |
| Teacher Orientation and Training                                                                            | 10 |
| Egg Delivery and Larval Release                                                                             | 11 |
| Additional Education                                                                                        | 16 |
| American Shad Molds – Fish Printing                                                                         | 17 |
| Fish Dissection                                                                                             | 17 |
| Curriculum Activities                                                                                       | 17 |
| Program Outcomes                                                                                            | 19 |
| Student Impact                                                                                              | 19 |
| Student Analytics 2016-2017                                                                                 | 20 |
| Public Outreach                                                                                             | 20 |
| Future Planning                                                                                             | 21 |
| Appendix A – Table 6. Schools Participating in the North Carolina Shad in the Classroom Program (2009–2018) | 22 |
| Appendix B – Shad in the Classroom Background                                                               | 25 |

# **Executive Summary**

The Shad in the Classroom Program is the result of many dedicated partners. The program is managed by the NC Museum of Natural Sciences (Museum) and it receives significant logistical and financial support from the Albemarle-Pamlico National Estuary Partnership (APNEP), the North Carolina Wildlife Resources Commission (NCWRC), and the U.S. Fish and Wildlife Service (USFWS). For the 2019 program, we received \$10,900 in grant funding and also program specialist position funding from APNEP. We received \$7,000 in grant funding from the USFWS. We also leveraged over \$34,000 of inkind support. Very important to the program are the many volunteers who generously give their time to enhance the program and the dedicated teachers.

The Shad in the Classroom Program has reached 247 classrooms from 2009 to 2019 (Appendix A, Table 6) and many thousands of students. Between 2013—2019, approximately 16,145 students were reached (prior to 2013, the numbers of students were not tracked). Thirty-two classrooms participated in 2019 (Table 1) with 9 of those being new to the program this year. Over 2,000 (2,381) students participated in the program this year and 1,596 participated in river releases.

Table 1. 2019 Schools Participating in the North Carolina Shad in the Classroom Program

| School                                                              | County     | Numbers of<br>Classes | Numbers of<br>Students |
|---------------------------------------------------------------------|------------|-----------------------|------------------------|
| Abbotts Creek Elementary School                                     | Wake       | 1                     | 130                    |
| Ballentine Elementary School                                        | Wake       | 1                     | 24                     |
| Bertie Early College High School                                    | Bertie     | 1                     | 21                     |
| Brogden Middle School                                               | Durham     | 1                     | 25                     |
| Central Park School for Children Elementary School                  | Durham     | 1                     | 16                     |
| Chaloner Middle School                                              | Halifax    | 1                     | 82                     |
| Clarkton School of Discovery Middle School (CFRW)                   | Bladen     | 1                     | 80                     |
| Daniels IBMYP Magnet Middle School                                  | Wake       | 1                     | 132                    |
| E.B. Frink Middle School                                            | Lenoir     | 1                     | 89                     |
| East Garner Magnet Middle School                                    | Wake       | 2                     | 259                    |
| Emereau Bladen Middle School (CFRW)                                 | Bladen     | 1                     | 80                     |
| Exploris Elementary School                                          | Wake       | 2                     | 74                     |
| Fuquay Varina Middle School                                         | Wake       | 2                     | 253                    |
| Horton Middle School                                                | Chatham    | 1                     | 105                    |
| Longleaf School of the Arts High School                             | Wake       | 1                     | 130                    |
| Millbrook Environmental Connections Magnet Elementary               | Wake       | 1                     | 98                     |
| Moss Hill Elementary                                                | Lenoir     | 1                     | 21                     |
| Northeast Academy for Aerospace & Advanced Technologies High School | Pasquotank | 1                     | 40                     |
| Perquimans County Middle School                                     | Perquimans | 1                     | 110                    |

Table 1. 2019 Schools Participating in the North Carolina Shad in the Classroom Program Continued

| School                              | County   | Numbers of<br>Classes | Numbers of Students |
|-------------------------------------|----------|-----------------------|---------------------|
| Petree Elementary                   | Forsyth  | 1                     | 65                  |
| Pine Hollow Middle School           | Wake     | 1                     | 82                  |
| Sherwood Githens Middle             | Durham   | 2                     | 124                 |
| Smithfield-Selma Senior High School | Johnston | 1                     | 90                  |
| The Expedition School               | Orange   | 1                     | 20                  |
| Tiller Elementary School            | Carteret | 1                     | 31                  |
| W.G. Enloe High School              | Wake     | 1                     | 100                 |
| West Johnston High School           | Johnston | 1                     | 60                  |
| Woods Charter Middle School         | Chatham  | 1                     | 40                  |
| <b>Total Number of Schools</b>      |          | 28                    |                     |
| <b>Total Number of Classrooms</b>   |          | 32                    |                     |
| Total Number of Students            |          |                       | 2381                |

Current new tank construction of the red tub style tanks cost approximately \$385 per tank system. The plexiglass tank systems cost approximately \$587 per tank system. Other substantial expenses include tank refurbishment, chemical resupply, teacher training workshop, teacher professional development trek, school field trips to release sites, travel for egg delivery, and part-time staff.

In the years from 2013–2019, each school received approximately 1,000 eggs from the NCWRC. Beginning in 2011, shad embryos were received from the Neuse River and the Roanoke River and were released in the river basin of their parentage. Starting with the 2019 season, stocking is not part of the NCWRC's American Shad Management Plan at this time. The Shad in the Classroom Program is only working with Neuse River American Shad and schools in this program are the only ones releasing American Shad in North Carolina, which are all released in the Neuse River Basin.

In summary, the Shad in the Classroom program has been led and administered by the Museum since 2011. Over the years, state and federal agencies and NCSU have played significant roles in the implementation of the program, including:

- Abermarle-Pamlico National Estuary Partnership
- Dominion Power
- East Carolina University
- National Fish and Wildlife Foundation
- North Carolina Chapter of the American Fisheries Society
- North Carolina State University
- North Carolina Wildlife Resources Commission
- United States Fish and Wildlife Service

American Shad have ecological, economic, and historical importance to North Carolina and much of the eastern coast of the U.S. Through the Shad in the Classroom program, students get a hands-on and real-life connection with learning about their environment while addressing the importance of American Shad restoration and water quality. Teachers report a great enthusiasm for themselves and their students through the program.

#### ACKNOWLEDGEMENTS

We would like to acknowledge all of the teachers and volunteers who help implement the Shad in the Classroom Program each year. The teachers and volunteers are dedicated to making the program a success and are invaluable. Specific individuals who assisted with various aspects of the program for 2019 are listed below.

#### **Workshop Electrofishing Demonstration**

Ben Ricks <u>ben.ricks@ncwildlife.org</u> – (NCWRC, District Biologist)
Courtney Buckley <u>courtney.buckley@ncwildlife.org</u> – (NCWRC, District Assistant Biologist)

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Fish Anatomy-Dissection Lecture

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In addition, we are very appreciative of the fish donations for the 2019 dissection lectures from Dr. Rich Noble, Dr. Phil Doerr, and fellow anglers, and David Deaton and the NCWRC's Armstrong Hatchery staff. Also, Jennifer Archambault and April Lamb helped coordinate with the NCSU graduate students, Stephen Parker (NCSU) collected fish specimens, and Steve Meyer helped coordinate with the ECU graduate students for the anatomy-dissection lectures. We greatly appreciate Ben Ricks and Courtney Buckley coordinating shad weeks with us, and for their, and additional NCWRC coastal regional staff, collection of American Shad broodstock. American Shad embryos were generously provided by Jeff Evans and the staff at the Watha State Fish Hatchery.

Report cover photos: Top left – Longleaf School of the Arts High School release at Lassiter Mill; bottom left – Central Park School for Children dissection; bottom middle – Tiller School release at Cahooque Creek Recreational Site in Havelock; right – teachers participating in the electrofishing demonstration at the workshop.

# **Shad in the Classroom Program 2019 Report**

This report summarizes the activities accomplished for the 2019 Shad in the Classroom Program. Thirty-two classes at 28 different schools participated in the program: 10 elementary, 16 middle, and 6 high

school classes.

Yearly program planning began with forming a timeline (Figure 1), reviewing applications, and conducting a tank and parts inventory. All new teachers and several returning teachers attended an orientation and training session in February. Returning to their schools, teachers typically began preparing their classrooms for the arrival of the Shad eggs 2–4 weeks prior to receiving the eggs in April. American Shad broodstock were collected by NCWRC beginning the week of April 1st. Classes released the Shad larvae on the Thursday or Friday of the week that they received them. Many of the teachers took advantage of either (or both) a fish dissection lecture that we coordinated with NCSU and ECU graduate students and NCSU post doctorates and NCWRC staff or a shad printing (Gyotaku) activity and supplies that we made available.



Photo 3. Jeff Evans giving a tour at the Watha State Fish Hatchery

Nine teachers and staff attended a tour at the Watha State Fish Hatchery, the Cape Fear River Lock and Dam #1, and Cape Fear River Watch classroom facilities.



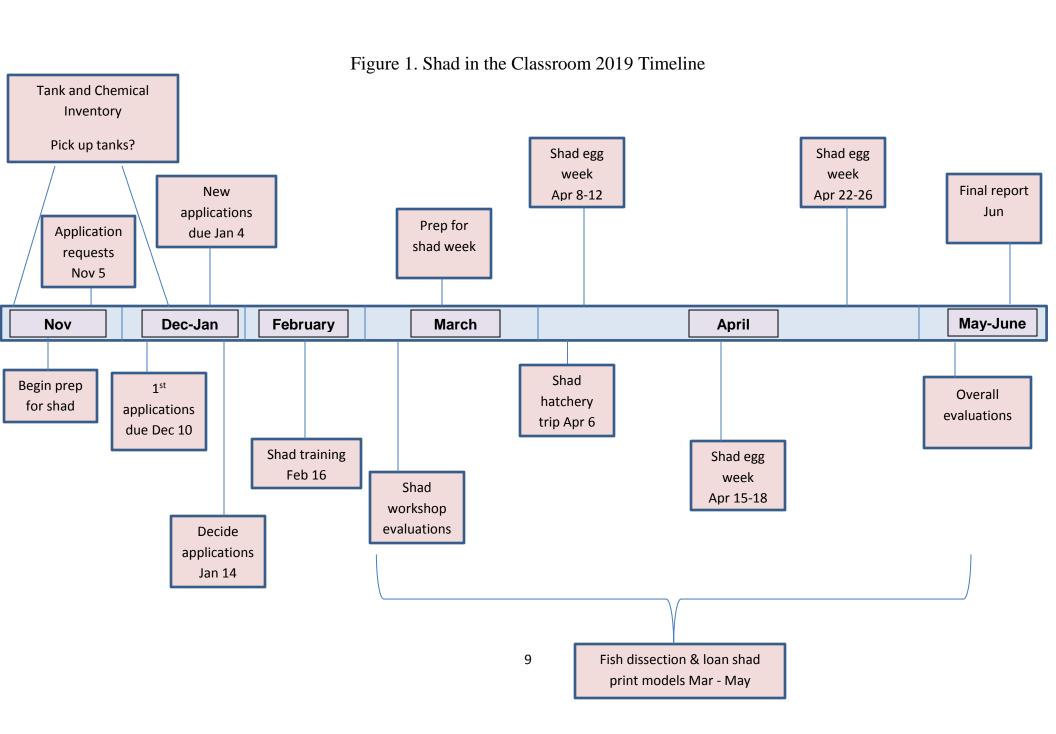
Photo 1. Teachers participating in the shad life history exercise (Brad the Shad)



Photo 2. Teachers trying their hand at shad printing (Gyotaku)



Photo 4. Madison Polera giving a tour at the Cape Fear River Watch facilities



## **Tank Inventory**

At the start of the program, tank parts and chemicals were inventoried and items purchased as needed. Tanks were retrieved from schools no longer participating in the program. Existing tanks were refurbished, as needed, with the assistance of Museum exhibits staff. Museum exhibits staff were able to construct two new tank plexiglass tank systems with the money donated to the program by The NC Chapter of the American Fisheries Society awarded in 2018. An updated inventory list is on file.

## **Teacher Orientation and Training**

A teacher orientation and training session was conducted on February 16, 2019. Danielle Pender and Melissa Dowland co-led the session. Teachers were provided information about American Shad life history, restoration, and management. They received equipment and instructions for raising shad and learned ways to incorporate shad and aquatic ecology into their curriculum. Teachers participated in shad life cycle activity (Brad the Shad), water quality testing, egg sorting, "fry" removal, fish printing (Gyotaku), and building tanks.

This year we also took teachers to the Neuse River at Lake Raleigh to observe and participate in an boat electrofishing demonstration and to sample for aquatic macroinvertebrates. Ben Ricks and Courtney Buckley, NCWRC, conducted the electrofishing demonstration. Meeting in a central location with researchers, collaborating partners, and museum program staff facilitated networking among all teachers and schools involved in the project. Twenty-five teachers attended the 2019 workshop. Of those, 21 responded to the 9-question survey regarding the workshop. Most teachers reported that they were very to extremely satisfied with the workshop, that the concepts were explained very to extremely well, and that the activities were useful (Table 2).



Photo 5. Practicing tank building at teacher orientation



Photo 6. Ben Ricks and Courtney Buckley conducting the boat electrofishing demonstration

Table 2. Workshop Survey Results

| Question                                                    | Response variable                                     |                  |                      |            |
|-------------------------------------------------------------|-------------------------------------------------------|------------------|----------------------|------------|
| How confident do you feel in building the shad tank system  | 76% (16) extra                                        | emely confident  | ; 14% (3) very conf  | ident;     |
| on your own?                                                | 10% (2) mode                                          | rately confident |                      |            |
| How comfortable do you feel in contacting the other         | 71% (15) extre                                        | emely comfortal  | ole; 24% (5) very    |            |
| teachers that you met at the workshop with questions?       | comfortable;                                          | 5% (1) slightly  | comfortable          |            |
| How sufficient was the information you learned to           | 81% (17) extre                                        | emely sufficient | ; 19% (4) very suffi | cient      |
| incorporate shad into your curriculum?                      |                                                       |                  |                      |            |
| How well did the workshop explain the importance of the     | 85% (17) extremely well; 15% (3) very well            |                  |                      |            |
| shad restoration and management program?                    |                                                       |                  |                      |            |
| How well did the workshop explain the life history of shad? | 85% (17) extre                                        | emely well; 15%  | (3) very well        |            |
| How well did the workshop explain the proper components     | 85% (17) extre                                        | emely well; 15%  | (3) very well        |            |
| to raising shad eggs to the larval stage?                   |                                                       |                  |                      |            |
| What aspects of the workshop were useful? Please choose     | Lifecycle                                             | Water testing    | Egg chamber          | Egg sort   |
| all that apply.                                             | 89% (17)                                              | 89% (17)         | 84% (16)             | 89% (17)   |
| What aspects of the workshop were useful? Please choose     | Fry removal                                           | Tank building    | U 1                  | Site visit |
| all that apply.                                             | 74%(14) 74%(14) 85%(17) 90%(19)                       |                  |                      | 90%(19)    |
| Overall, how satisfied are you with the workshop?           | 85% (17) extremely satisfied; 10% (2) very satisfied; |                  |                      |            |
|                                                             | 5% (1) moderately satisfied                           |                  |                      |            |

# Egg Delivery and Larval Fish Release

We coordinated the arrival of the eggs and the release of the larval fish with the schools, hatchery, drivers, and fisheries biologists. This involved foremost the timing of the spawning of the American Shad, but also took into account school schedules. American Shad broodstock were collected the week of April 1st. Many people assisted with the delivery of the eggs and with the release of the larval fish and are mentioned in the acknowledgments.

Classes were divided into three groups. Group 1 received their eggs Monday, April 8, Group 2 received them on Monday, April 15, and Group 3 received their eggs on Monday, April 22. The hatchery requested that we have most groups located in the first week. In Group 1 there were 25 classes. There were originally 26 classes, however, one group (a group managed by the CFRW) cancelled receiving their eggs and were not included in the program. CFRW continued to raise those embryos to the larval stage. Of those 26, 12 classes released larval fish on Thursday, April 11 and 14 released on Friday, April 12 (CFRW allowed another school to also release their larval fish (Table 3, Figure 2). Group 2 consisted of 4 classes, and all of those classes released on Thursday, April 18<sup>th</sup> (April 19<sup>th</sup> was a state holiday). Two classes remained for Group 3. Originally three classes were scheduled for Group 3, however, one class cancelled receiving eggs due to logistic difficulties,



Photo 7. Tiller School reception for shad embryos



Photo 8. Woods Charter release and invertebrate sampling at West Point on the Eno River

but remained in the program performing other aspects. Both of the remaining classes released on Friday, April 25. Classes received approximately 1,000 eggs from the Watha State Fish Hatchery. However, many of the teachers reported receiving more or less eggs (Table 4). Teachers brought 1,596 students to the Neuse River for release. For many of these students this is rare, or even a first-time opportunity to visit a river.

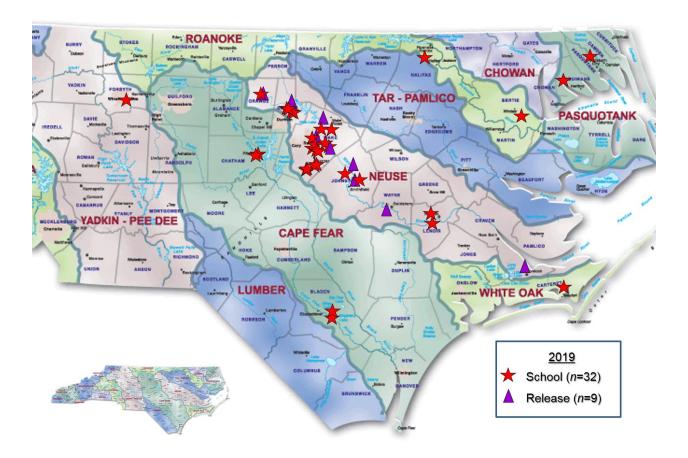
Table 3. Egg and Larval Release Timing and Release Site Information

| Educator                 | School                                    | Received Eggs | Released Eggs/Larva | Neuse River Release Site               |
|--------------------------|-------------------------------------------|---------------|---------------------|----------------------------------------|
|                          |                                           | Group 1       |                     |                                        |
|                          | Tiller ES                                 | 4-8-2019      | 4-12-201            | Cahooque Creek<br>Recreational Site in |
| Allison Ketcham          |                                           | 4.9.2010      | 4 11 2010           | Havelock                               |
| Annah Riedel/Robert Tant | Exploris ES                               | 4-8-2019      | 4-11-2019           | Former Milburnie Dam                   |
| Beth Selig               | Fuquay Varina<br>MS                       | 4-8-2019      | 4-11-2019           | Smithfield                             |
| Branson Phillips         | Sherwood Githens MS                       | 4-8-2019      | 4-11-2019           | Smithfield                             |
| Brian Reynolds           | Bertie Early<br>College HS                | 4-8-2019      | 4-11-2019           | Falls Dam                              |
| Brian Wood               | W.G. Enloe HS                             | 4-8-2019      | 4-11-2019           | Former Milburnie Dam                   |
| Caroline Smith           | Fuquay Varina<br>MS                       | 4-8-2019      | 4-11-2019           | Smithfield                             |
| Christina Livingstone    | Brogden MS                                | 4-8-2019      | 4-12-201            | West Point, Eno River                  |
| Courtney Sykes           | Pine Hollow MS                            | 4-8-2019      | 4-12-201            | Falls Dam                              |
| Harlyn Strongoli         | Sherwood<br>Githens MS                    | 4-8-2019      | 4-11-2019           | Smithfield                             |
| Judy Compton             | Central Park<br>School for<br>Children ES | 4-8-2019      | 4-11-2019           | Cliffs of the Neuse State<br>Park      |
| Kaley Kiffner            | Perquimans County MS                      | 4-8-2019      | 4-12-2019           | Falls Dam                              |
| Karel Klepacki           | Smithfield-Selma<br>Senior HS             | 4-8-2019      | 4-12-2019           | Smithfield                             |
| Kathy Wall               | Ballentine ES                             | 4-8-2019      | 4-12-2019           | Former Milburnie Dam                   |
| Katrina Herrera          | East Garner MS                            | 4-8-2019      | 4-11-2019           | Smithfield                             |
| Kristen Davenport        | E.B. Frink MS                             | 4-8-2019      | 4-12-2019           | Cliffs of the Neuse State<br>Park      |
| Kristina Jones           | Moss Hill ES                              | 4-8-2019      | 4-12-2019           | Cliffs of the Neuse State<br>Park      |
| Leah Ruto/Tom Simmons    | Exploris ES                               | 4-8-2019      | 4-11-2019           | Former Milburnie Dam                   |
| Madison Polera           | CFRW                                      | 4-8-2019      | 4-12-2019           | Cliffs of the Neuse State<br>Park      |

Table 3. Egg and Larval Release Timing and Release Site Information - Continued

| Educator          | School                                       | Received Eggs | Released Eggs/Larva | Neuse River Release Site             |
|-------------------|----------------------------------------------|---------------|---------------------|--------------------------------------|
| Matthew Lanner    | East Garner MS                               | 4-8-2019      | 4-11-2019           | Smithfield                           |
| Michelle Malach   | Longleaf School of the Arts HS               | 4-8-2019      | 4-11-2019           | Lassiter Mill Dam,<br>Crabtree Creek |
| Richard Kowaleski | Daniels IBMYP<br>Magnet MS                   | 4-8-2019      | 4-11-2019           | Lassiter Mill Dam,<br>Crabtree Creek |
| Rose Syroid       | Horton MS                                    | 4-8-2019      | 4-11-2019           | Smithfield                           |
| Sean Russell      | Millbrook<br>Magnet ES                       | 4-8-2019      | 4-12-2019           | Neuse River, Falls Dam               |
|                   |                                              | Group 2       |                     |                                      |
| Janice West       | Clayton HS                                   | 4-15-2018     | 4-18-2018           | Neuse River bridge on 42             |
| Kim Collier       | Chaloner MS                                  | 4-15-2018     | 4-18-2018           | Cliffs of the Neuse State<br>Park    |
| Madison Polera    | CFRW (Clarkton<br>School of<br>Discovery MS) | 4-15-2018     | 4-18-2018           | Cliffs of the Neuse State<br>Park    |
| Sonja Younger     | Woods Charter<br>MS                          | 4-15-2018     | 4-18-2018           | West Point, Eno River                |
|                   |                                              | Group 3       |                     |                                      |
| Krista Brinchek   | Abbotts Creek<br>ES                          | 4-15-2018     | 4-18-2018           | Neuse River, Falls Dam               |
| Madison Polera    | CFRW (Emereau<br>Bladen MS)                  | 4-15-2018     | 4-18-2018           | Cliffs of the Neuse State<br>Park    |

Figure 2. — School and release site locations (approximate)



Overall, the shad rearing and release was successful for most schools, but with a few issues for some (mostly related to age of the embryo and temperature). Each class was to receive approximately 1,000 embryos; however, counts may differ as to what the school actually reported receiving. This year we were asked to have most of the teachers receive their embryos in the first week (26 classes). The first batch of embryos were from a Friday night/Saturday morning spawn. Due to the embryos being at a later stage in development, some hatched that first day (Monday). Due to the early development, some of the schools moved their release up a day (from the Friday to the Thursday of that week) and some had a difficult time with their fry surviving up to the release date. Of those that turned in their water quality information, many that had lower survivability also reported water quality issues. Two reported higher temperature ranges, one reported low alkalinity, and one reported a problem with dust. There was also quite high survivability this week with 42% reporting at ≥70% survivability. For the next two weeks survivability was mixed. In the second week, two reported survivability under 20%, one reported it at 67%, and the fourth at 95%. As for the third week, one reported survivability at 40% and the other at 67%. For both of these weeks, I did not

receive water quality data from the teachers with the lower reported survivability and so was unable to determine if water quality may have played a role in the outcome.

Overall, the percent survival ranged from a low of 0% to a high of 96% and averaged 53% (Table 4). Sixteen classes averaged  $\leq$  50%, 17 averaged > 50%, and 11 averaged  $\geq$ 75% survival to release. There were 4 classes that averaged 10% survivability or below, and average survivability was reported at 53%, which was higher than 2018 (41%) and equal to 2017 (53%). The percent of classes that were in the  $\geq$ 75% (34%) category were higher than 2018 (24%) and 2017 (31%) shad seasons.

Table 4. Egg and Larval Survival and Release Numbers

| Educator                 | School                           | No. Eggs<br>Received | No. Eggs/Larva<br>Survived to Release | Percent<br>Survival<br>(%) |
|--------------------------|----------------------------------|----------------------|---------------------------------------|----------------------------|
|                          | Group 1                          |                      |                                       | •                          |
| Allison Ketcham          | Tiller ES                        | 1000                 | 857                                   | 86                         |
| Annah Riedel/Robert Tant | Exploris ES                      | 780                  | 700                                   | 90                         |
| Beth Selig               | Fuquay Varina MS                 | 809                  | 381                                   | 47                         |
| Branson Phillips         | Sherwood Githens MS              | 1000                 | 500                                   | 50                         |
| Brian Reynolds           | Bertie Early College HS          | 3000                 | 2800                                  | 93                         |
| Brian Wood               | W.G. Enloe HS                    | 850                  | 800                                   | 94                         |
| Caroline Smith           | Fuquay Varina MS                 | 700                  | 100                                   | 14                         |
| Christina Livingstone    | Brogden MS                       | 1000                 | 960                                   | 96                         |
| Courtney Sykes           | Pine Hollow MS                   | 1000                 | 50                                    | 5                          |
| Harlyn Strongoli         | Sherwood Githens MS              | 1000                 | 850                                   | 85                         |
| Inda Common              | Central Park School for Children |                      |                                       |                            |
| Judy Compton             | ES                               | 1000                 | 200                                   | 20                         |
| Kaley Kiffner            | Perquimans County MS             | 1100                 | 550                                   | 50                         |
| Karel Klepacki           | Smithfield-Selma Senior HS       | 741                  | 124                                   | 17                         |
| Kathy Wall               | Ballentine ES                    | 1000                 | 200                                   | 20                         |
| Katrina Herrera          | East Garner MS                   | 700                  | 450                                   | 64                         |
| Kristen Davenport        | E.B. Frink MS                    | 1000                 | 15                                    | 2                          |
| Kristina Jones           | Moss Hill ES                     | 1000                 | 450                                   | 45                         |
| Leah Ruto/Tom Simmons    | Exploris ES                      | 900                  | 750                                   | 83                         |
| Madison Polera           | CFRW                             | 1000                 | 670                                   | 67                         |
|                          | Northeast Academy for            |                      |                                       |                            |
| Mark Miller              | Aerospace & Advanced             |                      |                                       |                            |
|                          | Technologies HS                  | 1000                 | 0                                     | 0                          |
| Matthew Lanner           | East Garner MS                   | 750                  |                                       | 91                         |
| Michelle Malach          | Longleaf School of the Arts HS   | 1000                 |                                       | 75                         |
| Richard Kowaleski        | Daniels IBMYP Magnet MS          | 700                  | 600                                   | 86                         |
| Rose Syroid              | Horton MS                        | 1000                 | 500                                   | 50                         |
| Sean Russell             | Millbrook Magnet ES              | 1000                 | 700                                   | 70                         |
| Sue Willis               | The Expedition School            | 1000                 | 0                                     | 0                          |
|                          |                                  | Averag               | e survival percent                    | 54                         |

Table 4. Egg and Larval Survival and Release Numbers Continued

| Educator        | School                   | No. Eggs<br>Received | No. Eggs/Larva<br>Survived to Release | Percent<br>Survival<br>(%) |
|-----------------|--------------------------|----------------------|---------------------------------------|----------------------------|
|                 | Group                    | 2                    |                                       | <u> </u>                   |
| Janice West     | Clayton HS               | 1500                 | 250                                   | 17                         |
| Kim Collier     | Chaloner MS              | 800                  | 100                                   | 13                         |
| Madiaan Dalam   | CFRW (Clarkton School of |                      |                                       |                            |
| Madison Polera  | Discovery MS)            | 1000                 | 670                                   | 67                         |
| Sonja Younger   | Woods Charter MS         | 1000                 | 950                                   | 95                         |
|                 |                          | Averag               | e survival percent                    | 48                         |
|                 | Group                    | 3                    |                                       | _                          |
| Krista Brinchek | Abbotts Creek ES         | 500                  | 200                                   | 40                         |
| Madison Polera  | CFRW (Emereau Bladen MS) | 1000                 | 670                                   | 67                         |
|                 |                          | Averag               | e survival percent                    | 53                         |
|                 |                          | Total Averag         | ge survival percent                   | 53                         |

Teachers reported that the program is very motivating and provides their students with an authentic experience. Many reported that the students learn more and are more engaged. The Shad Program increases the students interest and confidence in science. We have received great feedback on the program from the teachers throughout the 2019 program year.

#### **Additional Education**

In addition to learning concepts related to the shad survival, cultural and biological importance of the species, its ecological connections to community assemblages and habitat, and the significance of genetic integrity, we have made available additional educational activities to enhance the program. All teachers responded to the program evaluation survey (Table 5).

"It's a great opportunity to develop cross-curricula ties between science, ELA, social studies and math."

"It was exciting to participate in something that can directly help a local species."

"It's wonderful!!! The students learn about embryology, water quality, river basins and the endangered species act. This program provides opportunity for a truly holistic approach to learning about the natural world and their place within it.."

### American Shad Molds - Fish Printing

This year we again made available three travel kits (4 American Shad molds each) of fish printing (Gyotaku) supplies for the teachers to borrow and use in their classrooms. Fourteen teachers took advantage of these available resources, and all reported that the exercise enhanced the learning experience for their students.

"We really enjoyed the break from science class to make the prints."

## Fish Dissection

We coordinated with the NC State University (NCSU) Student Fisheries Subunit, the East Carolina University (ECU) Student Fisheries subunit, and the NCWRC Division of Inland Fisheries and

"Our dissection was amazing, and Sabrina did a great job. The kids absolutely loved the experience and really enjoyed the expertise Sabrina brought to our class. I'm pretty sure we have a few fish biologists or biologists in the making." (teacher quote)

"I learned a lot about fish that I would have never known. When we learned anatomical terms and directions in class, I got use to using them, but when we did it on the fish yesterday, I got a better understanding. Ms. Gambill was very helpful yesterday because she allowed us to ask her questions during the process. I had a better understanding of different fish and how they adapt to living. I would have never thought that I would be able to see the eggs in a fish, but I did yesterday." (student quote)

Division of Wildlife Education to conduct fish anatomy/morphology and dissection lessons. Fourteen student, post-doc, researchers, and educators from NCSU, ECU, and the NCWRC volunteered



Photo 9. Exploris ES Dissection

(listed in acknowledgments) to conduct these lessons. Because of these volunteers and the generosity of fish donations (>300 fish), we were able to facilitate the dissection lecture for 19 classrooms (1362 students).

This year we were able to accommodate all teachers that requested a dissection lecture at their school. We are very grateful to NCSU, ECU, and the NCWRC educators and for the fish donations, which led to the great success of this activity. All teachers that were able to participate in this class reported that the activity enhanced the learning experience for their students. The fish dissection continues to be a highly appreciated component that we have added to the program.

#### Curriculum Activities and Videos

We continually add or update supplementary materials for the teachers to use to augment the learning process in the classroom and at the release. Last year we added American Shad Lifecycle Activity. This activity assists students in understanding the lifecycle of American Shad in a visual and physical manner (20 teachers reported that the activity enhanced the program). Activities and exercises have all been uploaded to a shared dropbox site with the teachers. Besides the lifecycle activity, materials include, but are not limited to, a Shad Scent exercise, Shad pipette art, a guide for stream sampling, a watershed GIS exercise, a genetic exercise, and materials provided by the teachers.



Photo 10. Tiller School conducting the Shad Scent exercise

The genetic based exercise, "Who's your Shaddy", (developed in

2013 and updated in 2014) was continued. Four teachers (2 high schools, 1 middle school, and one elementary school) reported this exercise was "just right" as far as understandability and complexity for their students. Additional on-line (Museum website) curriculum activities are available for the teachers to use including Food Web Activities (19 reported as useful), GIS Watershed Activity (7 reported as useful), Wishes of Fishes Activity (6 reported as useful), and a Non-Fiction Reading Activity (9 reported as useful). Seven videos were created for the program previously, most teachers reported using at least some videos, and many reported that they were very useful.

Table 5. Additional Education and Video Use Survey Results

| Question                                        | Response variable                                                                            |
|-------------------------------------------------|----------------------------------------------------------------------------------------------|
| Fish Printing – enhance learning?               | 16% (5) greatly enhanced; 10% (3) enhanced;                                                  |
|                                                 | 19% (6) somewhat; 55% (17) did not use                                                       |
| Shad Pipette Art?                               | 10% (3) greatly enhanced; 13% (4) enhanced;                                                  |
| Chad I ifacuala Activity                        | 6% (2) somewhat enhanced; 71% (22) did not use 32% (10) greatly enhanced; 32% (10) enhanced; |
| Shad Lifecycle Activity?                        | 36% (11) did not use                                                                         |
| Shad Scents – enhance learning?                 | 19% (6) greatly enhanced; 13% (4) enhanced;                                                  |
| shad seems emance rearming.                     | 3% (1) did not enhance; 65% (20) did not use                                                 |
| Fish Dissection – enhance learning?             | 55% (17) greatly enhanced; 6% (2) enhanced; 39% (12)                                         |
|                                                 | did not use                                                                                  |
| Genetic Exercise – complexity or understanding? | 13% (4) just right; 87% (27) did not use                                                     |
| Food Web Activities – usefulness?               | 35% (11) very useful; 26% (8) useful; 39% (12) did not use                                   |
|                                                 |                                                                                              |
| GIS Watershed Activity – usefulness?            | 10% (3) very useful; 10% (3) useful; 3% (1) somewhat;                                        |
|                                                 | 77% (24) did not use                                                                         |
| Wishes of Fishes Activity – usefulness?         | 13% (4) very useful; 6% (2) useful; 81% (25) did not use                                     |
| wishes of Fishes Activity discrimess:           | 10/0 (1) (21) 430141, 0/0 (2) 430141, 01/0 (20) 434 101 430                                  |
| Non-Fiction Reading Activity – usefulness?      | 26% (8) very useful; 6% (2) useful; 68% (21) did not use                                     |
| Video Add the ease weefulness?                  | 45% (14) very useful; 26% (8) useful; 3% (1) somewhat;                                       |
| Video -Add the eggs – usefulness?               | 26% (8) did not use                                                                          |

Table 5. Additional Education and Video Use Survey Results Continued

| Question                            | Response variable                                                                 |
|-------------------------------------|-----------------------------------------------------------------------------------|
| Video –Build the Tank – usefulness? | 16% (5) very useful; 26% (8) useful; 58% (18) did not use                         |
| Video – Fish Passage – usefulness?  | 48% (15) very useful; 26% (8) useful; 6% (2) somewhat; 19% (6) did not use        |
| Video – History – usefulness?       | 71% (22) very useful; 19% (6) useful; 10% (3) did not use                         |
| Video – It is Time usefulness?      | 35% (11) very useful; 26% (8) useful; 13% (4) somewhat; 26% (8) did not use       |
| Video - Lifecycle – usefulness?     | 55% (17) very useful; 29% (9) useful; 16% (5) not use                             |
| Video – Overview – usefulness?      | 45% (14) very useful; 19% (6) useful; 7% (2) somewhat useful; 29% (9) did not use |

### We are the River Curriculum Development

We are in the process of coordinating with two educators to write a curriculum to supplement the We are the River video, which highlights the natural and cultural resources, history and conservation of the Roanoke River. The curriculum work is slated to be completed by the end of August, at which point it will be posted on the Museum website, along with the video, to be used by educators across the state. Once complete, we will share this resource through our Museum educator email list, as well as other educational listserys.

#### **Program Outcomes**

#### Student Impact

The Shad in the Classroom Program exposes students to important science and math concepts including those listed below.

- 1. History, cultural and biological importance, and life cycle of the American Shad
- 2. The shad's ecological connections to other species
- 3. The significance of genetic integrity to population studies
- 4. Scientific procedures for measuring, testing, collecting, and organizing data
- 5. Mathematics to estimate, calculate, and predict results
- 6. Charts, maps, and graphs to aid in using information
- 7. Information exchange among other classes in the school and to parents and adults
- 8. The delicate balance of nature and work toward conserving or improving natural resources
- 9. American Shad restoration in rivers
- 10. Reporting and presentation techniques, both oral and written

This program provides a valuable experiential learning opportunity for students in the classroom that houses the tank (direct involvement) and those indirectly involved (e.g. collecting and recording

water quality during their science period). Some teachers reported that it created an "excitement in the whole school". There were 2,381 students directly involved with the Shad in the Classroom Program this year and more that experienced it indirectly.

#### Student Analytics 2016-2018

To better evaluate the Shad in the Classroom Program's impact on student's understanding, we partnered with Dr. Nils Peterson, Dr. Kathryn Stevenson, and graduate students Kalysha Clark, Danielle Lawson, and Rachel Szczytko at the NCSU Human Dimensions of Conservation Biology Lab. We created a questionnaire that used multiple choice questions in order to determine shad knowledge of participants. We also included demographic questions about age, gender, grade level, and whether the participant hunted or fished. Those who agreed to participate (15 teachers in 2016, 18 teachers in 2017, 16 teachers in 2018) provided the pre- and post-tests to their students (n=505 for 2016, n=835 for 2017, n=591). In addition, there were two "control" classrooms that completed both the pre- and post-tests in 2017 and in 2018. Analysis of the 2017 data showed that participation in the program created large improvements in American Shad knowledge between pre- and post-tests ( $\bar{x}$ =0.67, SD=1.22, p <0.001). All students gained knowledge, but African American (p<0.001) and students identifying as "other" race/ethnicity (p=0.003) fell behind their peers.

These results point to the need for improvement in reaching these race/ethnic groups. However, the human dimensions researchers concluded that increased exposure to nature, such as working with hands-on programs like Shad in the Classroom, may be the most consistent pathway to making students comfortable with learning in natural environments. We will continue to monitor student knowledge.

#### Public Outreach

Information on the Shad in the Classroom Program is available on the Museum's website. The program also receives a lot of publicity by word-of-mouth from those who have participated in the program previously (including teachers, students, and volunteers). In addition to the students and teachers reached with the Shad in the Classroom Program:

- The "We are the River Film" won the Gold Telly award in the nature category in 2018.
- This year information on the Shad in the Classroom Program was presented at the APNEP Engagement and Stewardship Meeting, October 23, 2018.
- An article on the Shad in the Classroom Program was published in the North Carolina American Fisheries Society Fall Newsletter in 2018.

An update on the Shad in the Classroom Program will be published in the North Carolina Chapter American Fisheries Society Summer or Fall Newsletter in 2019. Also, a paper on the student analytics was submitted to the journal Fisheries and is undergoing peer review.

### **Future Planning**

The shad models for fish printing (Gyotaku) and the fish dissection lectures are greatly valued and we plan to continue them for next year. We plan to purchase additional plexiglass tanks and eventually phase out the older tanks as the teachers report that these tanks enhance the experience since they can more readily see the tiny fry. We will also continue to make additional curriculum activities available for in-classroom and at-release use.

Shad in the Classroom was very successful again this year. Seventy-seven percent of teachers reported that they were extremely satisfied and 23% reported they were very satisfied with the Shad in the Classroom experience. Teachers and students provided positive feedback on all aspects of the program including the workshop, activities, and the overall program. Twenty-nine of the 31 teachers participating in the Shad in the Classroom Program reported that they would like to continue with the program next year. One of the teachers has a conflict with scheduling and the other is changing schools. At present, we have seven new teachers on the waiting list for the program in 2020. We received invaluable assistance from partners and volunteers helping with the deliveries of eggs, attendance at releases, and educational lectures. Working with this program is a positive experience for all involved.

"We had fry swimming vigorously in every square inch of water. It was quite impressive to look into the tank and see hundreds and hundreds of little fish swimming around. When administrators visited our class, they were impressed with the fish."

"This was an excellent opportunity for students who struggle with focus and off-task behaviors. These particular students were extremely invested in our survival rate and took on leadership roles within the class. They enjoyed having a role in the water quality testing and ensuring the environment was stable to support our eggs and fry."

"Some of the students are still talking about how fun the experience of releasing the shad was."

# Appendix A

Table 6. Schools Participating in the North Carolina Shad in the Classroom Program (2009–2018)

| Release Basin School                      | Nos. of Classes | Years           |  |
|-------------------------------------------|-----------------|-----------------|--|
| Cape Fear River Basin                     |                 |                 |  |
| Harnett Central Middle School (NCWRC)     | 2               | 2009-2010       |  |
| Lake Rim Elementary (NCWRC)               | 2               | 2009-2010       |  |
| Overhills Elementary (NCWRC)              | 1               | 2010            |  |
| Neuse River                               | Basin           |                 |  |
| Abbotts Creek Elementary School           | 4               | 2016-2019       |  |
| Angier Elementary                         | 2               | 2013-2014       |  |
| Ballentine Elementary                     | 3               | 2017-2019       |  |
| Bertie Early College High School          | 1               | 2019            |  |
| Brogden Middle School                     | 5               | 2015-2019       |  |
| Broughton High School                     | 3               | 2014-2015       |  |
| Bunn High School                          | 6               | 2012-2015       |  |
| Cedar Creek Middle School                 | 1               | 2015            |  |
| Centennial Campus Magnet Middle School    | 2               | 2009-2010       |  |
| Central Park School for Children          | 9               | 2013-2019       |  |
| Chaloner Middle School                    | 1               | 2019            |  |
| Chatham Central High School               | 1               | 2012            |  |
| Chestnut Grove Middle School              | 1               | 2012            |  |
| Clarkton School of Discovery (CFRW)       | 1               | 2019            |  |
| Clayton High School                       | 3               | 2016-2018       |  |
| Cleveland High School                     | 3               | 2016-2018       |  |
| Cook Literacy Model School                | 2               | 2017-2018       |  |
| Daniels IBMYP Magnet Middle School        | 14              | 2010-2019       |  |
| Dillard Middle School                     | 1               | 2017            |  |
| Don D. Steed Elementary                   | 1               | 2012            |  |
| East Garner Middle School                 | 3               | 2018-2019       |  |
| East Wake Middle School                   | 11              | 2010-2015, 2017 |  |
| East Wake School of Integrated Technology | 1               | 2014            |  |
| E.B. Frink Middle School                  | 1               | 2019            |  |
| Emereau Bladen (CFRW)                     | 1               | 2019            |  |
| The Expedition School                     | 8               | 2015-2019       |  |
| Exploris Elementary School                | 6               | 2017-2019       |  |
| Exploris Middle School                    | 7               | 2010-2016       |  |
| Forest Pines Dr Elementary                | 1               | 2013            |  |
| Fuquay Varina Middle School               | 11              | 2014-2019       |  |
| Grady A. Brown Elementary                 | 1               | 2018            |  |
| Hall Woodward Elementary                  | 2               | 2012-2013       |  |
| Horton Middle School                      | 3               | 2017-2019       |  |
| Lakewood Montessori Middle School         | 10              | 2013-2017       |  |
| Lead Mine Elementary                      | 3               | 2009-2011       |  |

Table 6. Schools Participating in the North Carolina Shad in the Classroom Program (2009–2018) continued

| Release Basin School                       | Nos. of Classes | Years           |  |  |
|--------------------------------------------|-----------------|-----------------|--|--|
| Neuse River Ba                             | asin            |                 |  |  |
| Lillington Shawtown Elementary             | 2               | 2011-2012       |  |  |
| Longleaf School of the Arts                | 1               | 2019            |  |  |
| McLauchlin Elementary                      | 1               | 2012            |  |  |
| Midway Middle School                       | 1               | 2012            |  |  |
| Millbrook Environmental Connections        | 2               | 2018-2019       |  |  |
| Magnet Elementary                          |                 |                 |  |  |
| Mills Park Middle School                   | 1               | 2017            |  |  |
| Mineral Springs Middle School              | 1               | 2014            |  |  |
| Moss Hill Elementary                       | 3               | 2017-2019       |  |  |
| North Duplin JR/SR High School             | 2               | 2015-2016       |  |  |
| Northeast Academy for Aerospace & Advanced | 1               | 2019            |  |  |
| Technologies                               |                 |                 |  |  |
| Perquimans County Middle School            | 1               | 2019            |  |  |
| Petree Elementary                          | 1               | 2019            |  |  |
| Pine Hollow Middle School                  | 2               | 2018-2019       |  |  |
| Rolesville Middle School                   | 1               | 2017            |  |  |
| Sandy Grove Middle School                  | 2               | 2012-2013       |  |  |
| Sherwood Githens Middle                    | 2               | 2019            |  |  |
| Smithfield-Selma Senior High School        | 2               | 2018-2019       |  |  |
| South Asheboro Middle School               | 1               | 2012            |  |  |
| South Iredell High School                  | 6               | 2013-2018       |  |  |
| South View High School                     | 1               | 2012            |  |  |
| Southern Vance High School                 | 4               | 2012-2015       |  |  |
| Speas Elementary                           | 1               | 2012            |  |  |
| Tar Heel Middle School                     | 1               | 2016            |  |  |
| The Oakwood School                         | 1               | 2012            |  |  |
| Tiller Elementary School (Carteret County  | 7               | 2013-2019       |  |  |
| Charter School)                            |                 |                 |  |  |
| Upchurch Elementary                        | 7               | 2012-2018       |  |  |
| Uwharrie Charter Academy                   | 1               | 2016            |  |  |
| Wake Forest Middle School                  | 2               | 2015-2016       |  |  |
| Walkertown Middle School                   | 1               | 2016            |  |  |
| West Hoke Elementary                       | 1               | 2012            |  |  |
| West Johnston High School                  | 1               | 2019            |  |  |
| W.G. Enloe High School                     | 3               | 2017-2019       |  |  |
| Woods Charter Middle School                | 7               | 2012-2017, 2019 |  |  |
| Roanoke River Basin                        |                 |                 |  |  |
| Bartlet Yancey High School                 | 1               | 2010            |  |  |
| Bertie Early College High School           | 4               | 2015-2018       |  |  |
| Cedar Creek Middle School                  | 1               | 2016            |  |  |

Table 6. Schools Participating in the North Carolina Shad in the Classroom Program (2009–2018) continued

| Release Basin School            | Nos. of Classes | Years            |
|---------------------------------|-----------------|------------------|
| Roanoke River Basin             |                 |                  |
| Chaloner Middle School          | 1               | 2018             |
| Chestnut Grove Middle School    | 3               | 2010-2012        |
| Don D. Steed Elementary         | 1               | 2011             |
| Hall Woodward Elementary        | 1               | 2011             |
| East Bladen High School (CFRW)  | 1               | 2018             |
| Hawk Eye Elementary             | 1               | 2011             |
| Hertford County High School     | 2               | 2014-2015        |
| McLauchlin Elementary           | 1               | 2011             |
| Pasquotank county High School   | 1               | 2018             |
| Perquimans County Middle School | 2               | 2017-2018        |
| Red Oak Middle School           | 2               | 2013             |
| Rockfish Hoke Elementary        | 1               | 2011             |
| Sandy Grove Middle School       | 1               | 2011             |
| Scurlock Elementary             | 1               | 2011             |
| Southern Vance High School      | 4               | 2011-2012, 2017- |
|                                 |                 | 2018             |
| Speas Elementary                | 2               | 2010-2011        |
| The Oakwood School              | 1               | 2011             |
| Upchurch Elementary             | 1               | 2011             |
| Vance Charter School            | 1               | 2016             |
| West Hoke Elementary            | 1               | 2011             |
| Windsor Elementary              | 1               | 2010             |
| W.L. Manning Elementary School  | 2               | 2016-2017        |
| <b>Total Number of Schools</b>  | 83              | 2009-2019        |
| Total Number of Classrooms      | 246             | 2009-2019        |

### Appendix B

# **Shad in the Classroom Background**

The American Shad fishery was once one of the East Coast's most abundant and economically important. However, by the mid-1970s water pollution, over-harvesting and the blocking of spawning habitat by dams led to their decline. Today, American Shad continue to have ecological, economic, and historical importance to North Carolina and much of the eastern seaboard of the U.S.

Many programs across the nation introduce fish and their associated habitats into the classroom to teach students about nature and the environment. These programs go by various names, including Trout in the Classroom, Salmon in the Classroom, and Shad in the Classroom. In North Carolina, Trout in the Classroom began in 2007 and Shad in the Classroom began in 2009. Trout in the Classroom is administered by the North Carolina Trout Unlimited Chapter. The Chapter started with two schools and by 2014 there were 37 schools in North Carolina. Schools receive between 100 and 150 trout eggs (embryos) and they raise them about 7 months to the fingerling stage prior to release. The cost of the trout program is about \$900 per classroom (includes cost of cooling system; 2015 costs). Shad programs from other states have reported the costs for tank construction and running their program ranges from \$550 to \$2,000 per system (with some programs, some of those costs are due to a cooling system).

Shad in the Classroom is led by the North Carolina Museum of Natural Sciences (Museum). Comparable to the Trout in the Classroom, the Shad in the Classroom program provides a hands-on, real-life science learning opportunity. Similar American Shad programs have existed in the Potomac River basin since 1996, setting the groundwork for the Shad in the Classroom program in North Carolina. In addition to North Carolina, several states participate in similar shad in the classroom programs: Delaware, Maryland, New Jersey, Pennsylvania, Virginia, and West Virginia, and the District of Columbia (Figure 3). A number of participating states are part of the Interstate Commission on the Potomac River Basin (ICPRB). The Delaware River Shad Fishermen's Association is another large organization that works with a shad in the classroom program. Some of the names used for these programs include Shad in the Classroom, Schools in Schools, and Shad in Schools. Some of the states also have a Trout in the Classroom program and some even have Perch or American eels in the Classroom Programs.



Figure 5. — Map of the states we found to participate in some version of a shad in the classroom program: Delaware, Maryland, New Jersey, North Carolina, Pennsylvania, Virginia, and West Virginia, and the District of Columbia. Arrow depicts American Shad spawning distribution which ranges from the Bay of Fundy in Canada to the Saint John's River in Florida.

In North Carolina, the United States Fish and Wildlife Service (USFWS) started a pilot American Shad program with four schools in 2009. Two of those school programs were administered by the North Carolina Wildlife Resources Commission (NCWRC), Education Section. The following year (2010) the USFWS partnered with the North Carolina Museum of Natural Sciences (Museum), and the program grew to 13 schools (USFWS funding), three of which were administered by the NCWRC, Education Section. Beginning in 2011, the Museum assumed control of the Shad in the Classroom program and worked with 19 classrooms [with funding provided by the Albemarle-Pamlico National Estuary Partnership (APNEP), Dominion Power, and National Fish and Wildlife Foundation], while the NCWRC, Education Section continued a separate program. Under the Museum's guidance (and with funding provided solely through APNEP), the Shad in the Classroom program reached 20 classrooms each in 2012 and 2013, 23 classrooms in 2014, 27 classrooms in the 2015 and 2016 program years, and 33 for the 2017 year. For the 2018 year, 30 classrooms (8 new) were accepted with funding provided through APNEP and the USFWS. Note that these numbers generally reflect the number of tanks that are in a school; some schools had multiple classrooms sharing in the shad rearing or at least observing the program. A comprehensive list of the

participating schools (2009 - 2018) is included in Table 1. Students and teachers become involved in the program several weeks prior to receiving American Shad eggs (fertilized embryos) spawned in NCWRC and USFWS hatcheries. For 2018, all shad used for the program were spawned in the USFWS hatchery.

The program timeline begins with the teacher workshop in February and concludes with the release of fry reared by students into native rivers in April to early May. Each February participating teachers attend an all-day workshop and learn how to construct their fish hatcheries, attend expert presentations, participate in hands-on activities, and receive curriculum materials to use in their classrooms. The timing for delivery of eggs to the classrooms is dependent on the natural spawning of the fish. Teachers typically begin setting up their tanks and teaching materials related to the program 2–4 weeks prior to receiving the eggs. Students learn how to set up the tank and pump system, monitor water quality, and tend their shad eggs in special rearing systems prior to the arrival of their eggs. For one week during the spawning period, each classroom receives, monitors, and cares for a batch of shad eggs as part of this hands-on approach to learning about water quality, fisheries science, ecology, and history. Fry hatch within 4–5 days and are then released by the students in their river basin of origin. Lessons and activities related to the American Shad are prime examples of cross curricular connections, integrating history, social studies, ecology, and management. Some teachers elect to have students keep journals throughout the course of the program, further incorporating writing components and practice. Teachers in the program have also participated in an overnight canoe trip along the Roanoke River in late April or early May to explore the river-swamp ecosystem and its resources and to gain valuable insight to take back to their classrooms.

In the wild, or after release for hatchery-reared fish, the fry move downstream, and come together in schools. They will eventually leave the river and move into the sounds and then to the ocean. They will remain in the ocean for 4–6 years and then return to spawn in their native river basin in the spring to complete the life cycle. The NCWRC sample the young shad (collecting genetic material) as they move downstream and prior to moving into the sounds. They use this information to determine the proportion of shad that have been reared in the state and federal hatcheries (including the schools) compared to shad that were spawned directly in the river. These data help the NCWRC determine the management strategies for the American Shad fishery. Having the schools be part of this restoration program is a valuable educational tool.